

KISLEV

5747

DECEMBER 1986

FROM THE RABBI'S STUDY

"Its the most stunning menorah we have ever had," said the father to his children as they watched the candles burning brightly in the window on the last night of Chanukah.

Sounds nice, doesn't it?...Actually, it's very sad. What's so very sad is the typically modern American confusion of aesthetic values with spiritual meaning. It's quite true that religious symbols should be executed in ways which are aesthetically pleasing—from the architecture of a house of prayer to the beauty of a new menorah for Chanukah. But, on the other hand, it is false to the essence of religion and spirituality for symbols to be perceived as exhausting their meaning in their aesthetic qualities.

Are we more impressed by the beauty of the menorah or aroused by its communication of ideas. Consider these three:

1. The value of humility. The battle of the Jews against the forces of Hellenized Syria in the second century B.C.E. was a battle doomed to be lost. It was a battle

Continued on page 7

ON YOUR OWN - INDEPENDENT LIVING OVER 50 by Diane Gilbert

On Sunday, December 14th, a friend and I traveled on three trains from Brooklyn to attend a workshop at Lincoln Square Synagogue entitled "On Your Own--Independent Living Over 50".

We were an interesting contrast—she, a suburban widow of many years and I, a recently divorced city dweller. On the train we talked about the feelings we shared of being "in between"—not old enough to retire and become senior citizens, but too old to be parents of school age children.

In the past two years since I became single, I had been looking for a group within which I could address the changes, thoughts, ideas, problems and feelings that had become part of my daily life. When we arrived at the Synagogue we were not surprised to see a full house. I felt very comfortable when I realized my doubts and fears would be shared with new friends.

Continued on page 6

EROM THE PRESIDENT'S DESK

One of the things I feared most upon becoming President of LSS was the task of organizing our annual dinner. So much of our financial health rides on the success of the dinner, and the selection of honorees and chairpeople creates an atmosphere that blankets the Shul for many months. Would it be the proper one? Can we find appropriate people? Will they accept?

I am happy to report that my fears have proved groundless. The officers unanimously decided to continue the format of last year's dinner and present LSS Service Awards to two of our most deserving couples: Mark and Shirley Wald and Amos and Miryam Alter. They will receive the award on Sunday evening, May 31, in the Sanctuary.

Chairing the Journal campaign will be Carol and Jerry Gross and Gale and Steven Spira. Agnes and Peter Kolevzon and Judi and Roy Stern will be heading the Dinner Committee. Knowing both that the event is in such capable hands and that there are over six months to prepare for it makes me confident we will meet our goal and be able to achieve a balanced budget.

Continued on page 4

Kashruth Korner By Rabbi Kenneth Brander

- 1. Anyone interested in a detailed list of recommended cold cereals can receive a copy by calling the LSS office.
- 2. Quaker regular size Granola Bars are under "OU" supervision even if the OU does not appear on the label.
- 3. Waldbaum's, Unger, Dagim and Kineret Raw Fish Fillet are OU Pareve.
- 4. <u>Celestial Seasonings Herb Teas</u>—Herbal or other types of teas which list in their ingredients any type of flavoring, either natural or artificial, should not be used without reliable kashrut certification.

Most, but not all, varieties of Celestial Seasonings Herb Teas are under supervision of the Vaad Hakashrus of Baltimore. The following varieties are certified even if they do not bear the Star-K symbol:

ALMOND SUNSET LEMON ICED DELIGHT PELICAN PUNCH
CHAMOMILE LEMON MIST PEPPERMINT
CINNAMON ROSE MANDARIN ORANGE SPICE RED ZINGER
COUNTRY APPLE MELLOW MINT ROASTAROMA GRAIN &
DIET PARTNER MINT ICED DELIGHT SPICE
EMPEROR'S CHOICE MO'S 24 ROSEHIPS
GINSENG PLUS MORNING THUNDER SLEEPYTIME
GRANDMA'S TUMMY MINT ORANGE ICED DELIGHT SUNBURST C

The following Celestial Seasonings varieties should not be used without a Star-K symbol (a K within a 5-pointed star) on the package:

CINNAMON APPLE SPICE ISLAND ORANGE
CRANBERRY COVE LEMON ZINGER

RASPBERRY PATCH

- 5. Magic Mountain herbal teas are all reliable.
- 6. The following dinner mints are OU Pareve: (when kosher symbol is on the label)

FESTIVAL MINTS JUBILEE JELLIES MIDNITE ANISE MINTS
GOURMET DINNER MINTS JUBILEE GREEN JELLIES REGENCY MINTS

- 7. Chuckles Jelly Candies by Nabisco are Kosher and Pareve when bearing the OU symbol (since some items are not certified as kosher). Certified items include: JUJU SOFTEES, JELLY CANDY, FRUIT SLICES, JELLY RABBITS, SPEARMINT LEAVES, SPICE STICKS & DROPS, SPICE DROPS, FRUIT JELLIES, JELLY RINGS, ORANGE SLICES, JELLY EGGS, JUJUBES, LICORICE SOFTEES, JELLY-MINT SOFTEES, JELLY BEANS, INDIVIDUALLY WRAPPED JELLY CANDY, JUJU RABBITS, JELLY BUNNY FRUIT SOFTEES, LICORICE JELLY EGGS, SPICE JELLY EGGS, SPECKLED JELLY EGGS, JELLY HEARTS, NATURAL FRUIT BAR AND ASSORTED BAR.
- 8. Mogen David Wines are no longer OU certified. Bottles bearing the OU are still acceptable.
- 9. <u>Beech-Nut Baby Foods</u>: some varieties which have always had an OU will soon be appearing on the market without an OU on the label due to having been produced in non-kosher equipment. Please check the jars for the OU.
- 10. Yoplait Yogurt is being reformulated and will no longer be OU certified.
- 11. A & P Tomato Ketchup bears unauthorized OU and is not certified kosher. The product may be returned for a refund.
- 12. Nestle Toll House Semi-Sweet Chocolate Morsels have been reformulated and now contain MILKFAT. Packages containing the new formula have a K D on the back of the bag and list milkfat in the ingredients. Bags with a plain K and not listing milkfat contain the old nondairy formula.

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What's Going On

OVER 50 AND LIVING ALONE will meet Sunday, Jan. 25 from 10 a.m. to noon at LSS. Anyone interested in discussing the issues and problems of older people is encouraged to join

VOLUNTEERS ARE NEEDED for "Turn Friday Night Into Shabbos" which will take place Friday evening, March 20, 1987. Please call Suri Kasirer at the LSS office if you are interested.

LSS SINGLES will host a Shabbat dinner Jan. 9 at 6 p.m. The price is \$22 for members and \$28 for non-members. See the reservation form on p.5.

THE ANNUAL LSS PUBLIC CHANUKAH LIGHTING will be held at Broadway and 72nd Street. Everyone is invited to attend on Dec. 27 at 5:45 p.m. and at 5:15 p.m. on Dec. 28, 29, 30, 31 and Jan. 1. There is no public ceremony on Dec. 26 or Jan. 2.

ARE YOU RESTLESS FOR THEATRE that effectively deals with the issues in our lives? If so, you can play a part in the LSS Theatre Group. We are looking for actors, writers, directors, set designers, stage hands, and any other assistance you can offer. Throughout the year the group will perform short plays covering significant, sometimes provocative subjects. At the conclusion of each play the floor will be open to audience response. An authority on the particular top raised will act as mediator. Your time awaits! Contact Betty Jacobs at 212 595-0307.

GROWING GREETERS: LSS's newest tripwire organization, the Greeter's Group for Shabbat morning, has added three: Judy Flumenbaum, Bina Presser and Julius Andreder. To join to greet, dial 873-2626. YOU could even wear a badge.

Melanie Ross Youth Center

Dec 31 High School

Chanukah Celebration. The High School will be performing the public lighting ceremony at Broadway and 72nd Street, then return for a gala dinner.

Jan 1 Grades 5,6,7,8 Chanukah Party & Shabbaton. Food, movies and fun! A contingent from Baltimore will be celebrating with us.

WOULD YOU LIKE TO DEDICATE A...

High Holiday Machzor	.\$14.00
Daily Prayer Book	9.00
Sabbath Prayer Book (Rebound)	
Chumash	

SCHEDULE OF PRICES FOR THOSE WHO WISH TO SPONSOR A...

Main Kiddush	\$285.00
Hashkama	
Shiur — Cholent Kugel Minyan	
Beginner's Minyan	35.00
Seudah Shlishit	155.00
Cholent-Youth Kiddish	d 195.00

One service of LSS which we pray may be unnecessary is that of the Chevra Kadisha. To insure the provision of a proper burial service, we urge our members to immediately contact the Synagogue office. or any of those listed below

Rabbi Berman
Rabbi Cohen
Dr. Roy Stern 362-5597
Leon Eisenmann
Rachel Herlands

SCHEDULE OF SERVICES

Shabbat Services	
Shabbat Early Services followed by classes in Bible and Talmud	7:50 A.M.
Regular Services — Main Sanctuary	8:45 A.M.
Services for beginners and those with little Synagogue background .	9:15 A.M.
Shiur — Cholent Kugel Minyan	9:45 A.M.
Vouth Minvanim	10:00 A.M.
Youth Shiurim	10:00 and 10:30 A.M.
Shabbat Nursery (3-5 years old)	8:30 A.M.
Daily Minyan Weekdays	7.15 17.50 A M
Weekdays	/:15 and /:50 A.M.
Mon. and Thurs. First Minyan	/:10 A.M.
If a member requires a shiva minyan at his home, the second minyan	meets there.
Sunday	7:15 and 8:30 A.M.
Legal Holidays	7:15 and 8:30 A.M.
Rosh Chodesh	7:00 and 7:40 A.M.
Fast Days.	
	VIII
Daf Yomi .	
Daily, 6:15 A.M	Sunday, 7:40 A.M.

Within Our Family

CONDOLENCES:

Daniel Merims on the passing of his beloved mother, Mrs. Beatrice Merims.

Carol Schwartz and George Saks on the passing of their beloved uncle, Mr. Emanuel Gluck.

BIRTHS:

Lenore and Jack Brown upon the birth of a grandson. Mazel Tov to the parents, Jeralyn and David Ellowitz.

Ora and Dr. Manfred Hahn on the birth of a son.

Esther and Zvi Lapian on the birth of a son, Yehuda Baruch.

Mazel Tov to Edna and William Caplow on the birth of a daughter.

Mazel Tov to Batya and Eddie Jacobs on the birth of a son. Mazel Tov to the grandparents Vicky and Rabbi Shlomo Riskin. Mazel Tov to the great-grandparents Mr. and Mrs. Harry Riskin and Mr. and Mrs. David Pollins.

ENGAGEMENTS:

Mazel Tov to Felice and Hillel Gross upon the engagement of their daughter, Anna Lisa to Mendy Gertner.

Esther Lauber and Alvin Reinstein Debbie Siegel and David Silberman

MARRIAGES:

Nitza Berger and Micah Bloomfield

MAZEL TOV:

Mazel Tov to Mr. and Mrs. Isaac Mandel on their 50th Wedding Anniversary. Mazel Tov to Sonia and Irving Chesnin on their 50th Wedding Anniversary.

NEW MEMBERS:

Alvin Adler Dr. Avram Brickner David Cooper Clifford M.J. Felig Ronnie Goldofsky Daniel Jarashow Yitzchak Kevtesz Paula C. Knoll Lillian and Dr. Martin Mussman Maureen and Max Ostro Deborah Renert Silvia and Haim Singer Hanna Stark Susan Stark Judith Solomon Gary Tolchinsky Shelley Zalis

FROM THE PRESIDENT'S DESK (con't)

I could devote this whole issue to describing the gratitude I feel toward Mark and Shirley and Amos and Miryam for the decades of service they have provided on our behalf, but that will come later. You won't be hearing much about the campaign for awhile: volunteers from all segments of LSS will be sought, strategies thought out, letters written. The "blitz" will begin sometime in March; and, on May 31, we will once again have an evening of pure simcha! Speaking of simcha, we will soon celebrate the first anniversary of the purchase of the bank building. There will be a kiddush in early January to celebrate that milestone and to honor someone who was very instrumental in obtaining the land: Assemblyman Jerryer. Details will be announced soon. As for the bank, in late January we hope to undertake the construction to provide proper heating and ventilation to the lower level and to remove the teller's cages and improve the appearance of the upper level. The longterm usage committee, which I am co-chairing with Aaron Green, is working on a daily basis to prepare proposals which we hope to be able to present to the membership in the Spring. By this time everyone who volunteered for a committee assignment should have received an acknowledgement or been contacted by a chairperson. Please let us know if you were not contacted. Finally, please help make our non-resident membership campaign a success by sending in the names of former LSS'ers as soon as possible. Morton Landowne

Daily Morning Chanukah Services 7:00 and 7:50 A.M. Thursday, January 1 Rosh Chodesh Tevet (New Year's Dav) Morning Chanukah Services 7:00 and 8:30 A.M. Friday, January 2 Rosh Chodesh Tevet Morning Chanukah Services 7:00 and 7:40 A.M. Kindle Eight Chanukah Candles by4:20 P.M. Kindle Shabbat Candles 4:21 P.M. Mincha and Kabbalat Shabbat 4:30 P.M. Saturday, January 3 (Miketz) Shabbat Chanukah II 8:45 A.M. Shabbat Morning Service 3:35 P.M. Talmud and Bible Classes Mincha 4:20 P.M. Daily Mincha and Maariv 4:35 P.M. Friday, January 9 4:28 P.M. Mincha and Kabbalat Shabbat 4:40 P.M. Saturday, January 10 (Vayigash) 8:45 A.M. Shabbat Morning Service Talmud and Bible Classes 3:45 P.M. 4:30 P.M. Mincha Daily Mincha and Maariv 4:40 P.M. Sunday, January 11 Fast of the Tenth of Tevet Morning Services 7:00 and 8:30 A.M. 4:30 P.M. Mincha Priday, January 16 Kindle Shabbat Candles 4:36 P.M.

Mincha and Kabbalat Shabbat 4:45 P.M.

8:45 A.M.

3:50 P.M.

4:35 P.M.

4:50 P.M.

Saturday, January 17 (Vayechi) Shabbat Morning Service

Talmud and Bible Classes

Daily Mincha and Maariv

Mincha

Friday, January 23
Kindle Shabbat Candles 4:44 P.M.
Mincha and Kabbalat Shabbat 4:55 P.M.
Saturday, January 24 (Shamota)

Saturday, January 24 (Shemote)
Shabbat Morning Service 8:45 A.M.
Talmud and Bible Classes 4:00 P.M.

The Community MIKVA is located at 234 West 78th Street Tel. 799-1520

WOMEN'S TEFILLAH GROUP

This year's schedule of Shabbat Women's services is:

February 7, 1987 (Shabbat Bo) March 7, 1987 (Shabbat Terumah) May 16, 1987 (Shabbat Emor) June 20, 1987 (Shabbat Shelah)

Services are at the Hamilton Senior Center, 141 West 73rd Street and begin at 9:00 a.m. Child care is provided.

A GIFT FOR BRIDES

The Women's Tefillah Group at LSS is pleased to present a mikvah kit to prospective brides in the LSS community. Let us know about your wedding plans by announcing your engagement in ECHOD.

LINCOLN SQUARE SYNAGOGUE SINGLES

Invite you to a

SHABBAT DINNER

Friday, January 9, 1987 6:00 PM 200 Amsterdam Ave. (near 69th St.)

* * * * * * * * * LSS members: \$22 Non-members: \$28

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Response required by January 2nd

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For more information, call LSS: (212) 874-6105

Please Make Check Payable to: LSS 200 amsterdam Avenue New York, N.Y. 10023 _ for ___ _____ reservations Singles Shabbat Dinner on January 9, 1987 □ Mr. Member □ Yes □ No □ Ms. Name: Address: _ Eve. Phone: _ Other persons attending: □ Mr. □ Ms. Member: Yes □ No □ O Mr □ Ms. . _ Member: Yes □ No □

ON YOUR OWN - INDEPENDENT LIVING OVER 50 (con't)

Please Write!

ECHOD is your bulletin—and it's important that we hear from members. Ideas for articles, concerns, kudos and essays are welcome. Let us know what is happening and what you think. Contact Arleen at the LSS office, Michele Morse at 799-0598 or Rissi Zweig at 362-6695.

Notes from the Nursery

On Chanukah we get candy. It comes from a dreidel on the ceiling. The dreidel comes down on a string that holds it up. The reason it is up there with candy in it is because it is a special treat from school. We made trivets. We're going to have potato latkers for snack.

Shifra Landowne

There was a film that featured interviews with two women very much like my friend and me. Several views exploring the challenge of being single at 50 were discussed; the main point being that each of us has the opportunity to learn and to grow, to do new and different things, to review, evaluate and change, and to live a positive and fulfilling life--surely not without fear, but clearly with determination.

The talk which followed the film was led by Vicki Rosenstreich of The Jewish Board of Family and Children's Services and Suri Kasirer of LSS. People had come from all New York boroughs and from New Jersey, proof that the commonality we shared is interesting, exciting and very important. The need for a community self-help group was emphasized and it was agreed that we will meet again on Jan. 25 from 10 a.m. to noon to develop a program that will be helpful and supportive for every guest who attends. Anyone with similar concerns is invited to attend or phone 212 874-6100 for additional information.

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FROM THE RABBI'S STUDY (con't)

of "the few against the many, of the weak against the strong"--which, much to the surprise of the many and the strong, was won by the few and the weak.

Ours is an era which suffers greatly from the hubris of certitude which afflicts so many in the society, from Ivan Boesky to We need to make more room in Oliver North. our lives for uncertainties and for tolerance, the humility which comes with the recognition that not only human will, but God's will plays itself out in history. And in such humility is the beginning of ethical responsibility.

The ongoing nature of the struggle for religious freedom. No thinking human being at the close of the 20th century should have to be reminded that the price of liberty is eternal vigilance. Yet the menorah can remind us more subtly that while freedom can be lost to external agression, it as well could be lost in an internal battle. someone free who goes to singles bars because

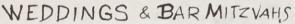
"everyone else does"? Is someone free who is enslaved to the technological marvel of the moment?

The bright, pure, simple flames of the menorah should evoke in us the capacity to free ourselves from the shackles or purely imitative behavior and fads.

The preservation of Jewish identity. 3. The bottom line of what the menorah communicates is a particularistic message for Jews--that the struggle to preserve Jewish identity may never cease. Beyond the shared American values, beyond the shared yuppiehood or whatever else--the special meaning of Judaism is not to be abandoned. We ought not lightly fritter away what our ancestors rightfully fought so hard to transmit to us.

As aesthetically pleasing as the menorah should be, its aesthetic qualities should never be allowed to overshadow its religious and spiritual meaning.

Light the menorah of Chanukah in your home this year--it can truly banish many kinds of darkness!





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The LSS Office peronnel have been instructed not to give the addresses or telephone numbers of members to anyone members or nonmembers.

We hope you will understand and cooperate.

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Dear Neighbor:

May I have the pleasure of wishing you and your family a very loving and inspiring Chanukah and a happy and healthy New Year. It is my first Chanukah in the neighborhood, and I look forward to showing you my portfolio.

Best Wishes,

Stephan Alpert

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