

The INSTITUTIONAL

"THE WEEKLY PUBLICATION OF THE INSTITUTIONAL SYNAGOGUE"

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No. 18

PROMINENT STARS TO APPEAR AT THEATRE PARTY

Will Join in Fun at Manhattan Opera House

The Committee on the Theatre Party announce that they have secured the services of some exceptionally fine artists to appear on the bill at the Manhattan Opera House a week from this Sunday.

These headliners, many of whom prefer to spring their surprise on the night of the Theatre Party, are conceiving the idea of making this Theatre Party a Jolly Get-together as well as to present their regular numbers. With this idea in mind, most of the artists will put on additional numbers pointedly for the benefit and perhaps chagrin of Institutional Synagogue members. These numbers will not interfere with their regular presentations.

Mr. Morris Jablow, Chairman of the Committee, promises that everyone will be thoroughly satisfied and more. Mr. Jack Levine, in charge of talent, informs us that among the large list he has prepared, an idea of some of the headliners are:

BOB & PEARL YVETTE RUGEL
The Ziegfeld Follies Quartet
JACK SHANNON ARTHUR BROWN
FRANK LAMPORT MARK TRUSCOTT

TOM WHITELEY

A complete list of the talent, with the exception of the SURPRISES, which names the artists do not desire us to print, will appear in the next issue of the INSTITUTIONAL. The Journal Committee is still open to receive more ads. A few choice seats are still left to be disposed of.

EVERYBODY GET TOGETHER FOR A GOOD TIME AND BRING IN THOSE ADS AND DISPOSE OF THOSE TICKETS SO THAT WE CAN WIPE OUT OUR BURDENOUS DEBTS.

Let's get the MELTING POT together by some good hard work.

GERALD BLANKFORT WILL BE BAR MITZVAH

Mr. and Mrs. Henry Blankfort recently announced that their youngest son, Gerald, will be Bar Mitzvah this Saturday morning, January 10, at the Institutional Synagogue.

"Jerry," as he is familiarly known, promises to be a true son of his proud dad as he follows in the footsteps of his brother, Seymour, in being admitted to the circle of Jewish manhood.

The INSTITUTIONAL extends its congratulations to Mr. and Mrs. Blankfort.

RELIGIOUS NOTES

THIS SATURDAY MORNING RABBI HERBERT S. GOLDSTEIN Will Preach

Friday Evening Circle at 8:30 P. M.
Host: YOUNG FOLKS LEAGUE
Light Candles Today at 4:30 P. M.

HARD WORKERS FULFILL PLEDGES

The Ladies Donate

Two of our popular organizations made big strides recently toward writing off the books the wonderful pledges that they had made.

The Parents' Association, of which Mrs. I. Stein is President, presented the Board of Directors with a check for \$1,000 as a result of the diligent efforts to raise money in the past few months.

The Sisterhood, of which Mrs. Annie R. Morris is President, presented the Board of Directors with a check for \$1,600, chiefly the result of the wonderful bazaar that they conducted recently in the Gymnasium.

Both these organizations are doing their full share to help wipe out our great financial obligations and are to be commended for their good work. Their example should prove a fine incentive for the rest of us to fall in line and DO OUR SHARE!

JUNIOR CLUB ENTERTAINS ORPHANS

The Rejoicing Hearts, a Junior Girl Club, under the leadership of Miss Sadie Woronoff, acted as hostesses recently to a gathering of twenty youngsters from the Hebrew Orphan Asylum.

The Club presented a very entertaining program for the youngsters and of course the delightful part of the afternoon was the refreshments.

Another one of the features was the fact the Club had dolls all dressed up to give to the children when they got here.

In addition to this work the Club intends to pay a visit to the Hebrew Orphan Asylum where they will again entertain some more of the youngsters.

All this from a Junior organization! Our congratulations to Miss Woronoff on her good work.

COME TO THE THEATRE PARTY

THE INSTITUTIONAL

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MADISON CLUB ANXIOUS TO KEEP TITLE

Last Year All Around Club

The Madison Social and Athletic Club announces to their friends that they have launched the coming season as their most successful year in the Institutional Synagogue. They desire to maintain their record as having been the best all around club of 1924 and expect to retain that title this year.

They will start the first of their big social functions with a Dansant at the Institutional Synagogue on Washington's Birthday Eve, at which time they also expect to have a very excellent entertainment. A fine orchestra has been engaged and a good time is promised to all.

Tickets will be on sale beginning this Monday. Admission fifty cents.

The Madison Club also announces that they are conducting a membership drive during the month of January and have a few openings for men of strong personality and good calibre between the ages of 21 and 25.

The INSTITUTIONAL wishes the Madison Club success and hopes that this banner organization will be able to withstand the keen competition that they will have during the coming season.

NOTE: Diamond Stickpin Lost in Gym—Reward

AROUND AND ABOUT

What fond, hazy recollections and stories from inebriate lips that we could possibly remember of the parties last Wednesday evening we offer to the public eye.

A sum total of all the stories bids us to open the expression of a certain young lady. She said, "What a dry country this is going to be when prohibition goes into effect."

* * *

Max Cohen, in a physical interpretation of our swimming pool, attempted to disprove the theory that a man's capacity is unlimited.

* * *

"The Iron Hat Brigade" were tanked up to the top of their iron derbies. At least Manny Matkowsky and Max Karow do not as yet know which derby is whose.

* * *

To prove that he was not all dressed up for any special occasion Rabbi Goldstein conducted his regular Hebrew class, and such a class there never was. Whoever heard of people studying Hebrew with Tuxedos on. That miracle actually happened here.

* * *

We don't know what Esther Garfinkle and Rose Starkman did to aid in the fun-making, but we notice that they did not appear in Shul Saturday morning.

* * *

Just heard that around about 5 G. M. somebody lit a match and Ike Brody thought the sun was coming out.

* * *

It isn't half as hard writing these anecdotes as it is listening to all the stories. A famous poet once said:

"Don't tell everybody about your indigestion, 'How are you?' is a greeting, not a question."

DELPHI CLUB HOLDS THEATRE PARTY

Last Monday evening the Delphi Club held a Theatre Party for their members and friends. Practically every Intermediate Club was well represented. Each charming miss with her dapper young man and each staunch young man with his charming miss had quite an evening of fun and entertainment.

The theatre entertainment took place at the Regent Theatre and a special program for the benefit and perhaps discomfiture of the members of the Delphi Club was presented by the B. F. Keith talent.

The Delphi Club is certainly proving to be a wide-awake organization.

TEPHILLIN

Erect he stands, in fervent prayer,
 His body cloaked in silken Tallis;
 He seems a king, so free from care,
 His wife a queen, his home a palace.

These bands he wears and softly prays,
 Devoting strength and mind to God;
 His body slowly, gently sways—
 He walks the ground his fathers trod.

This daily commune with the Master
 Lifts him above mere common clay,
 The Jewish heart, like alabaster,
 Grows purer and purer every day.
 —Aaron Schaffer.

SIGN UP FOR INTERIOR DECORATING

WE ARE ALL RALLYING AROUND I. S. ANNUAL THEATRE PARTY

ENTERTAINMENT EXTRAORDINARY

Sunday Evening, January 18, at the

MANHATTAN OPERA HOUSE

We are **CONTRACTING** for the best talent available. Watch for the list of prominent actors who will appear.

Call University 6729 and Reserve Your Tickets Now!

XX
CULLED FROM
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 XX

PHYSICAL DEVELOPMENT

A Strong Body as the Basis for Our Mental Success

By Nathan Meyerowitz

From the earliest time of which we have any knowledge health and strength have always had a fascination.

It was a distinguishing feature of the philosophical Greeks amongst the ancient nations to consider exercises as no less important a matter of education than mental progress itself.

Health is our sole God-given capital and we ought to keep vigilance over it more than the banker over his inestimable treasures of gold and silver. A lost fortune may be made over again, while lost health may never be regained. Lord Byron claims: "There is not a joy the world can give like that it takes away." That "joy" which the immortal poet mentions is nothing more nor less than health. Moreover, it is worth while to take care of the body, not merely because of what it is able to do for us (like the feeding of bees with nectar in proportion to the amount of honey we can obtain from them in exchange), but because of what it is in itself. The human body is the most intricate and beautiful organism evolved by the Architect of the Universe. Hence, we have no right to mar it by carelessness or to injure it by neglect.

"Ye shall care for your bodies!" was the holy command of Jehovah. If we wish to flourish (without physical defects) on this earth, we must obey God's command and glorify the body.

In order to preserve our health we must keep our bodies in a fine poise of flexibility and firmness, and from this viewpoint the art and science of games and physical exercise deserve a high seat (alongside mental development) in the arena of the educational institutions. Furthermore, as the manna (the God-sent food) had all sorts of saviors, so has gymnastics all kinds of invigorating effects upon the receptive mind

as well as upon the human body. Good development is an asset in every phase and walk of life. Everybody is in urgent need of health—singer, philosopher, poet, President of the U. S. A., merchant, mechanic, farmer, soldier and milkmaid. Hence, it is safe to say that, unless we have good, vigorous health, the chances are ninety-nine to one that we shall never amount to anything in any department in life. The first condition of success is a sound body.

In the happy days of home rule in Palestine, when the High Priest of the Holy Shrine was found with the slightest physical defect, he was immediately exempted from the sacred active service. This biblical proof alone gives additional strength and emphasis to the importance of having a perfect development to sustain a sound body. This indelible fact shows that the Jewish religion insists upon developing a perfect physical frame, and tolerates a person who cares for his body.

We must remember that an unsound body tends to nourish a morbid mind, a feeble mind suggests melancholy thoughts. When we improve our body we automatically invigorate the tissues of our brain, and thus directly we put to flight all our melancholy thoughts, like Samson put to flight the Philistines.

However, the development of human nature ought to be as nearly as possible a symmetrical development. The body ought not to be cultivated at the expense of the mind, nor the mind at the expense of the body. Therefore, not only should the balance be kept between the physical and intellectual and emotional elements of the human nature, but all the faculties of the body, mind and soul should be harmoniously developed.

All our natural endowments are of utmost importance for the attainments of self-consciousness in the practical sphere of life. If one part of a towering building (in New York) is being erected much faster than the rest, there is danger it may topple over. If all parts go up simultaneously, they join to support each other.

David and Goliath are a good object lesson in physical and mental development. Goliath represents uncultured, brutal, physical force (and he may be compared to the part of the building being erected much

SATURDAY IS DANCE NITE

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Charles Rosenthal

Herman E. Meyers

(Members of The Institutional Synagogue)

faster than the other). The result was that David toppled him over. While the beautiful young David, the shepherd, had not merely a perfectly developed body as that of a Grecian Apollo, but to crown his development he was endowed by God with an intellectual mind and a soul of a poet. For he composed the rhythmic and immortal psalms that are universally recognized by Christians and Mohammedans as well as by Jews. David was the greatest singer of Israel in his days.

"A life of continued vigor!" "A life in which we may exercise a love for learning!" is mentioned in one of our Sabbath special prayers. The happy combination of both, gymnastics plus learning, will keep us alert against evil, and aloof from laziness and its accompanying vices. Laziness is the enemy to the soul, and idleness is the mother of all vices.

Intensive physical exercises blended with a serious educational course will enable our minds to control our insatiable earthly desires and keep the Satan out of our dwellings, as if with a fixed, sharp-edged sword.

Walk, run, dance, swim in a pool daily, indulge in outdoor and indoor sports (especially during the winter season), play baseball and football games until you are physically exhausted, then sit down and read a book. Thus you will find a nature-designed outlet for your excess energy, and you will also keep a safe distance from mischief.

Where others failed, we are bound to succeed, like Columbus by sailing westward was bound to discover a new continent—a haven for the persecuted and a refuge place for the oppressed.

Therefore, we all must bear in our minds that through hard physical exertion plus unpolluted concentration, we shall become complete and successful men and women.

All sorts of indoor physical exercises, football, basketball, a large swimming pool, shower baths and all the necessary and most requisite gymnastics equipment that up-to-date science can design, is provided by the INSTITUTIONAL SYNAGOGUE for the accommodation of the Harlem Israelites of both sexes.

The INSTITUTIONAL SYNAGOGUE realizes that scientific gymnastics is of vital importance to complete the circle in the curriculum of life of a perfectly developed boy and girl, man and woman.

TO OUR READERS

We maintain an EMPLOYMENT BUREAU for young men and women, who desire to observe the Sabbath. Let us help you fill your positions when in need of help.

Call Employment Department—University 6729.

This ad paid for by Fischel Family Foundation.

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THE JEW IN AMERICA

Editor's Note—The INSTITUTIONAL will print, each week, a brief synopsis of contributions that Jews have made to the making of America. Your comments on these articles, which are taken from the writings of various Hebrew scholars in America are invited.

IN THE AMERICAN THEATRE

In the theatre of America the Jew has played a role disproportionate entirely to his numerical strength. He has reorganized its corporate management and given it a solidity and stability lacking in previous stages of development.

The Jews are represented in all the phases of dramatic endeavor. It has been estimated that of the plays produced during 1922 the authors of 40 per cent were Jews, and the professional art directors were one-third of the total. Of the two thousand actors, about 10 per cent were Jews, while the majority of theatres in which productions were staged were in the hands of Jewish managers.

A host of Jewish producers have arisen since the Jewish influx into the American theatre. David Belasco and Charles Frohman were among the pioneers, but since then a number of others have appeared on the scene. Morris Gest, the Selwyns, the Woodses, Sam Harris, Mindlin and Goldreyer, the Shuberts are among the later arrivals. Some have been content to please the popular demand and some have, on the other hand, attempted the hazardous and usually thankless job of educating the public taste to more artistic standards.

David Belasco (born San Francisco, 1850) is the oldest and best known of the Jewish managers. He comes from a family that numbered among its members several devotees of the histrionic art. Starting his career as an actor, he supported the greatest of the early American players—Charles Kean, Edwin Forrest, Edwin Booth and others. Later he appeared in New York, where he determined to set out as a producer. His first independent production was in 1895, when he produced "The Heart of Maryland." It was Belasco who discovered some of the great performers of the American stage. He brought out Warfield, Leslie Carter, Blanche Bates, Frances Starr, Lenore Ulrich and a host of others who, under his guidance, have since made much of the dramatic history of America. Some of his productions are the landmarks of theatrical development. Among them are the "Music Master," "Du Barry," "Girl of the Golden West," "Return of Peter Grimm," etc. While over seventy, he still is as active as ever, the Nestor and the most impressive figure of the American theatre.

(To Be Continued)

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