



Vol. XV

JANUARY 30, 1931

No. 20

THIS IS FOR YOU, DIRECTOR.

Dear Sir:

A very important meeting of the Board of Directors will be held Thursday, February 5th, at 8:15 sharp, at the West Side Branch, 148 West 85th Street. It is absolutely essential that we have 100% attendance at the meeting, as there are some very urgent matters that must be settled. Kindly reserve that evening for the I. S., as I count on you all to be present.

Sincerely yours,
ISAAC SIEGEL
President.

JUNIOR NEWSPAPER ORGANIZED

At the first meeting of an editorial staff to organize a Junior newspaper, a number of things were accomplished.

The Journalism Group decided to call the paper "The Junior Tattlers" and to publish it monthly. It will be a three page mimeographed newspaper containing personalities and news and devoted mainly to Junior activity news.

The following members attended the meeting:

A. N. I. — Morris Gruner.

Seacs — Ben Birnstein

Iriquois — Dave Finn, Henry Robinson, Louie Kranes.

All Junior house members are invited to attend the next meeting to be held on Thursday evening, at which time officers will be elected.

WE MOURN

We extend our sincere condolence to our member the Honorable Samuel H. Hofstadter, upon the death of his beloved mother, Mrs. Emma Hofstadter.

PARENTS ASSOCIATION PLANS FOR THEATRE PARTY ON FEBRUARY 9th, ARE NOW WELL UNDER WAY.

The Parents Association has established a well-merited reputation as to the type of plays it presents at its theatre parties, and there is no doubt but that a high repute will be maintained. Mrs. I. Stein, president of this Organization, and her Committee, are again earnestly and unstintingly giving their time and effort to make this venture a successful one. The entire proceeds are to go towards assisting boys and girls of the Talmud Torah and S-E-Department in properly celebrating the Jewish festivities, and other charitable work.

Worthy of Support

This fine organization has always been unremitting in its efforts to sponsor the Talmud Torah at all the important Jewish Holidays; Succoth, Chamisho Osor B'Shvat, Chanukah, Purim and the many summer outings. The hearts of the boys and girls are time and again gladdened by the bounty of the members.

Tickets are selling at moderate prices and there really is no valid excuse for anyone not helping the Parents Association to attain the well deserved success. Tickets may be obtained from any member of the committee or from Mr. Bernstein at any time. The co-chairladies of the Committee consist of Mrs. Aaron Wartels and Mrs. Rachael Vosberg and Mrs. Barnett Cohen. Of course, all the officers are also members of this committee.

The officers and directors are: Hon. Pres., Rabbi Herbert S. Goldstein; Pres., Mrs. I. Stein; Hon. Vice-Pres.; Mrs. Isaac Seigle, Mrs. Herbert S. Goldstein, Mrs. Sol Blum, Mrs. Rachael Vosberg, Mrs. Aaron Wartels, Mrs. George Livingstone; Vice-Pres., Mrs. Norwick; Fin. Sec., Mrs. Gottlieb; Rec. Sec., Mrs. Kleinberg.

The Directors are: Mesdames I. Bernstein, I. Brodie, M. Cohen, R. Cohen, Fishman, Fleisig, Israel, Jablow Kreton, Leberman, A. Levine, J. Levine, Lippman, Margulies, Messing, Newerth, Polachuck, Perman, Rosenberg, Rothstein, Leah Seigel, B. Simpson, N. Simpson, A. B. Stern, Tannenbaum, Winoker, and Zaslofsky.

The Parents Association is arranging a Chamisho Osor B'Shvat celebration for the Talmud Torah pupils and club juniors.

FRIDAY EVENING LIGHT CANDLES 4:56

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CALENDAR OF EVENTS

February 1st—Fracarus "Open Meeting" -
Afternoon - W. S.; Debate - I. S. v.
Fed. Settlement.; Junior League - Eve-
ning - W. S.; Evening - Basketball
Game and Dance.

February 3rd—Institutional Players -
First Rehearsal of "Captain Apple-
Jack".

February 5th—MEETING OF BOARD OF
DIRECTORS, W. S.

February 7th—Tranquillity Club Dance.

February 8th—Amigas "Open Meeting"
W. S.; Basketball Game and Dance.

February 9th—Parents Association Party -
Prospect Theatre

February 15th—Basketball Game and
Dance.

February 21st—Vagabond Dance.

February 22nd—Pledged Eternal Pals -
W. S.; Delta Iota Rho Village Party -
Basketball Game and Dance.



This column has eight readers, which is a decided increase over the number of readers of our ads.

We received three reprimands for omission of names; three for indiscretely using names; and two for mis-spelling names. Total: Eight readers.

We call this column "Around and About" for two excellent reasons: primarily, because use must be made of the Cut we found lying around; secondly, because that is the secret motive of this column—to knock and be knocked around and about.

The N. Y. Times recently quoted Rabbi Goldstein's Radio Sermon. The Rabbi decried a certain altruistic gentile's suggestion that his particular church proselytize Jews.

We remember a story in point.

Two Jews were induced to change their religion. They acquiesced. An impressive and colorful ceremony of baptism was arranged so that their co-religionists would also be moved to change their religion. In fact, so impressive was the ceremony arranged, that no less a dignitary than the Bishop was to baptize them personally.

The Bishop was already one hour late. The gentile flock and their two new additions were becoming apprehensive. Their annoyance increased when after two, three and finally four hours later, the Bishop had not appeared yet.

Then Reb Moishe turned to the worthy Reb Yonkele and said: "Nu, Yankele, az der Bishop vet nisht cummin in finif minuten, wellen mir zon shpait far Mincha."

The above is the traditional ending, but we now suggest this: Whereupon a priest over-hearing them said: "Hub nisht moire, mir hubben du a minion."

Julius Herman, Journalist and Beau
Suggests that we be layed "Sweet and Low."

Frances Phillips—Girls Worker and
Banker

We borrow—and by this means thank 'er.

Beatrice Swedlow—her middle name is
Junette

and
She'd be attractive—red, blond or
brunette.

—Eh, Beh, Meh.

IN TIMES OF NEED AND DEPRESSION THE I. S. SERVES.

Chamisho Oser B'Shvat

Chamisho Oser B'Shvat (the fifteenth of the month of Sh'vat) which falls this year on Monday, February 2nd, is one of the minor Jewish Festivals. It is perhaps the least known of them all; and yet it has a charm of its own. It proves the attachment of the Jewish people to the soil of Palestine more than any other holiday. It does not commemorate any great event in our history; and is based solely on the climatic conditions of Palestine during this time of the year. It occurs during the middle of the winter, when some countries of our sojourn are covered with snow; some with ice; and most are effected by the winter colds. How different are the climatic conditions of Palestine. The rains and hails cease; the sun resumes its dominion; and trees and flowers are in bloom again. No wonder that on this day in Palestine young and old enjoy nature; no wonder also that the rabbis of old designated the fifteenth of the Jewish month Sh'vat as "Rosh Hashonoh L'Illonos," the New Year for Trees. The persistence of the festival Chamisho Oser V'Shvat in exile is tangible proof of the Jewish attachment to Palestine.

Arbor Day

This festival is known in Palestine as Arbor Day (arbor is the Latin word for trees), because it is the occasion for the annual planting of thousands of trees all over the land. In the diaspora it has long been customary to celebrate the day by eating fruits that are known to grow in Palestine, such as raisins, almonds, figs, dates, Palestinian oranges, and St. John's bread (Bokser).

To Be Celebrated By All

In recent years the "Rosh Hashonoh L'Illonos," the New Year for Trees, has also been observed by holiday lectures, entertainments, and the like, bringing more vividly to our attention the rapid strides that are being made in the restoration of Palestine as the Jewish Homeland. This is a most appropriate day to make donations for Palestine.

Chamisho Oser B'Shvat through its very persistence proves that we have remained true to our old oath: "If I forget thee, O Jerusalem, Let my right hand forget her cunnings."

—Mrs. Morris Schatz,

U. O. J. C. A.

Athletics

One of the three games in the first round of the Inter-Club Basketball Tournament was played last week between the Fracarus and the Jesters.

For a game full of pep and close competition this game will never be equalled. The final score of 18 to 16 in favor of the Fracarus indicates that at no time during the game were these rivals separated by more than a two point margin.

Out-weighted and smaller than the Jesters the Fracarus fought "tooth and nail" against these odds. The game started with the usual lightning-like speed by the Fracarus who, in a few minutes, began scoring. Continuing their deft pass work, cutting, feinting, and pivoting they took the lead by a basket or two before the Jesters realized the situation.

After a short intermission the game was resumed. The Jesters lined up to secure the tap to help them score. The Fracarus, not to be out-done, closed in but were not so successful as they were in the first half. Hostilities continued but none were wounded, altho there were two or three brushes where players had to be separated.

The Jesters increased their speed, this gradually wore down the Fracarians. As the Jesters began creeping closer, scoring goal after goal, there was still a kick left in the Fracarians, and with all their efforts they managed to put on a spurt that carried them safely ahead of the Jesters to sustain them through the end of the game for a victory by a two point margin. for a victory by a two point margin.

With The Juniors

As the Juniors are completing their all around Athletic Tests, a Basketball Tournament will be arranged for them.

According to their records in the tests these boys are sure to show their grown up brothers how to play basketball. The Seacs and the Iroquois are practicing in dead earnest with the same interest and spirit that they display in all their tests.

R. Robinson, Kranes, Linn, and Gold of the Iroquois are some of the outstanding athletes of this club. The rest of the boys are coming close behind.

Not to be outdone the Seacs consider themselves close rivals. For this claim Schiner, Cohen, and Mr. Barouch are pressing close on the heels of the Iroquois.

The remaining Junior Clubs, the Akibas and the Scout Troops, are holding their own and assure their rivals of no easy competition.

—Jack Silbert.

YOU CAN SERVE BEST BY DONATIONS.

YOUR HEALTH

By Dr. Morris R. Altman
(M. J. C. P. A. Service)

No. 4—PROPER REST (Sleep)

It is a known fact that the repair of body tissue goes on while you are asleep and at perfect rest. In order to have the proper rest it is essential to sleep from 6 to 8 hours daily. Of course, we have to take into consideration the occupation and age of the individual plus his particular need. Some persons require only 4 to 6 hours sleep daily.

Through my personal experience with patients, I find that regular hours of sleep, say from 11 P.M. until 6 or 7 A.M., are about right, for "Early to bed and early to rise makes you healthy, wealthy and wise."

I also wish to make several remarks about the preparation before retiring.

First, massage your scalp with the tips of your fingers. By so doing, you stimulate the hair roots and promote the circulation of the scalp. Hairs that are dead fall out and new hair grows in its place. Practice this night and morning and you will be surprised at the growth of your hair in a very short time. Next, wash your face, hands and body, and be sure to use a good soap such as Castile. Massage with a good cold cream, for it removes the dust and dirt from the pores of the skin, and prevents a condition known as blackheads and pimples.

The Teeth should be carefully brushed before retiring. A splendid thing to do is to roll a mouth full of milk of magnesia for a few minutes between the teeth. The reason for this is that germs are at work at night while you sleep, and your teeth start to decay. The milk of magnesia forms a film or coating over them and prevents decay.

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