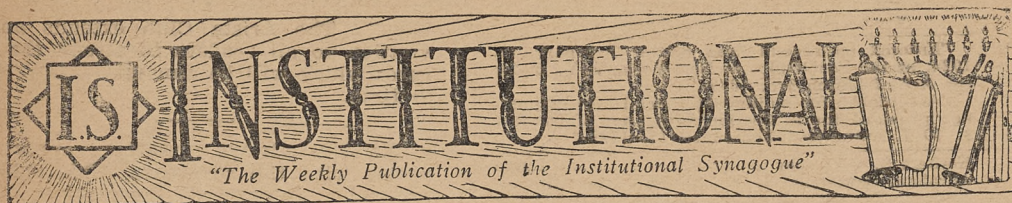


Don't Forget
PURIM MASQUE and DANCE
 Saturday Nite
 Refreshments—Entertainment
 Admission 50c. Nite.
 This



Vol. XV—No. 26

MARCH 6, 1931

Adar, 17, 5691

MEN'S CLUB TO CONDUCT FRANKFURTER ROAST AND DANCE

Unusual Social Function Planned For March 15th.

Refreshments, entertainment, and music—and what have you got? No, not "magnolia" but something new in the way of a pleasant evening. For the first time in the history of the I.S. there will be conducted in the spacious main building Gymnasium a Frankfurter Roast.

The Men's Club of the West Side is planning this gala affair for Sunday evening March 15th. Everything that the words "Frankfurter Roast and Dance" connotes will be conspicuously present—a sumptuous repast, a peppy orchestra, a frolicsome spirit, a bevy of feminine beauty—and you?

This is something different
 Your lady friend will enjoy the affair beyond that of the average hotel function. Color and spirit of abandon promise to reign. All this for only \$1 a head. Come and get your friends to come.

Tickets are being sold at \$1.00 and may be secured through the Men's Club or the Executive offices at the Main Building.

And lest we forget, the I.S. Welfare Fund of the Men's Club will be the beneficiary of the proceeds.

I.S. DAUGHTERS TO CONDUCT THEATRE PARTY, MARCH 24th.

The I.S. Daughters and their friends are looking forward to their Theatre Party to be given by that popular organization on Tuesday, March 24th, at the Colesium Theatre, Broadway and 181st Street.

The Theatre management assures us that the program of that evening will satisfy the most critical audience. A number of vaudeville presentations and a feature motion picture and some other favorite entertainment will constitute the program.

It is important for you to reserve your tickets now. They may be purchased from any member or from Executive Director, Abraham Bernstein.

CLUBS PREPARE FOR GALA AFFAIR IN PURIM MASQUERADE AND DANCE

March 7th to be a Classic According to Predictions

Next Saturday night, March 7th, seems to be the main topic of conversation among club members at the Institutional Synagogue for on that memorable evening the Ninth Annual Purim Masquerade and Dance will be conducted under the auspices of the Girl's Clubs and from present indications it will indeed be a gala affair.

Every effort is being made by the Committee to induce everyone to come down in costume according to custom. At the door masks and novelty paper hats will be given away free so that those unable to come down in masquerade will be following the spirit of the dance.

Prizes, Color and Fun

Three prizes have been offered to further induce patrons to come down in costume. First, a prize will be given for the most original; second, one for the most elaborate, and a series of booby prizes will also be given. A record-breaking crowd is anticipated.

To furnish the music, the Fracaras Club volunteered the services of their very excellent band. A fast-stepping revue and entertainment is now being rehearsed.

Tickets may be secured from any member of the Girls' Department or at the door for the low price of fifty cents.

The proceeds of this masque will be devoted to the Passover Family Relief Fund.

LEADERS MONTHLY CONFERENCE

Associates, Directors and Leaders are invited to attend the Meeting and Lunch Monday, March 16th, at 9 P.M. in the Directors Room.

Hon. Isaac Siegel, President of the I.S., has been invited to attend. Dr. William Garfield, Leader of the Arista Club, will be chairman.

FRIDAY EVENING LIGHT CANDLES 5:33 P.M.

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S-E BROADCASTS

In the absence of Rabbi Herbert S. Goldstein, who usually conducts the broadcast, Mr. Cohen arranged a Purim program in which members of the S-E Department participated.

Mr. Cohen outlined the objectives of the I. S. and introduced the broadcasters. C. M. Tillman played an original piano arrangement of traditional Purim melodies. T. Macowan discussed the Story of Purim and its significance.

Rabbi Goldstein will resume the broadcast next Sunday at 3:45-4 P.M.

You can conceive your own editorial on this item. The Arista Club, a male intermediate club, conducted the first of a series of lectures last Saturday Nite. The Aelios, a female intermediate club, volunteered their services in arranging a refreshment table. Previous to these lectures, both clubs (new clubs in the Institution) had never met.

Clubbery

At the first lecture conducted by the Arista Club last Saturday Nite, Mr. Abraham Robbins discussed the "Glamour of Law." The Arista Club extends an invitation to all readers to attend the lectures which will be announced from time to time.

We can always associate superlative praise with the Fracarus. This splendid group has volunteered the services of the Club Orchestra for the Purim Masquerade on March 7th. The Fracarus will conduct their initial dance on March 14th. This group deserves co-operation of every member of every club in this institution. Their dance will be one of the outstanding social successes of this year.

The Elks, also a new club, are contemplating very active program of educational and athletic activities. The officers are Sam Silverman, President; Frank Pomerantz, Vice President; Hyman Merman, Secretary; Louis Gerchick, Treasurer. Mr. Adler is their Club Leader.

Thanks to Mrs. Annie R. Morris, President of the I.S. Sisterhood, those attending the Purim Masque will be treated to Hamman Tashan.

So Refreshments, Masks, Noise-Makers, Music, Color and Entertainment—all for 50c. By all means come down. Your friends too are welcome.

The Omaha Club reminds you that their Dance will take place Sunday, March 21st. This dance will far surpass the successful dance they conducted the early part of this season.

Mr. Abraham I. Kirschenbaum will be tendered a "surprise" party by his friends and associates as soon as he is admitted to the Bar, in about two or three weeks. The "surprise" feature will be most appreciated if our popular Assistant-Head Worker does not have to foot the bill - as usual.

Mr. Charles Cohen, president of the Buddies, leader of the Iroquois, and also captain of our Debating Team, and the best liked man in the House, was tendered a banquet by the members of the Buddies as a gesture of affection and felicitation upon his passing the Bar Examination.

IN TIMES OF NEED AND DEPRESSION THE I. S. SERVES.
YOU CAN SERVE BEST BY DONATIONS.

CHECKER-CHESS TEAMS CONFIDENT OF VICTORY

The very well-trained Checker and Chess Teams of the I. S., participants in the Metropolitan League Tournament, have great confidence in their ability to secure the Metropolitan League Trophy for the Institution.

The Checker-team will have their first match at the Yonkers J.C.C. this Sunday. The Chess-team will meet their opponents at the 92nd Street Y.M.H.A. on Sunday, March 15th.

We cannot at the time of this printing list the names of the teams. Our next issue will contain the details of the games and the names of the participants.

Henry Alcabes is Captain and Sam Marcus is Manager of these future champs.

PAWNEE ATHLETIC CARNIVAL SET FOR APRIL 5th.

Mr. Arthur S. Coleman, the indefatigable club leader of the Pawnees, announces that the date of the much looked-forward-to Athletic Carnival will be April 5th.

Mr. Coleman has arranged as a feature some very fine Boxing Matches, Wrestling Exhibitions and Basketball Games. He has secured the services of a number of outstanding athletes and promises an unusual program replete with unusual features.

Tickets may be secured from the Pawnee members or through the S. E. Department.

TALMUD TORAH CHILDREN GUESTS AT MOVIE

Dr. Joseph Datt, the indefatigable principal of the Talmud Torah, extends an invitation to the Parents and readers of the Institutional to attend a Movie Entertainment given by the Institutional Synagogue Talmud Torah in the Regun Theatre on Sunday morning, March 8th, at 9:30 A.M.

Excellent Biblical pictures, comedies and other interesting pictures will be featured. The aim of this entertainment is to acquaint all Jewish Boys and Girls with our marvelous history and to impress them with the importance of a Hebrew Education.

As a huge attendance is anticipated it is suggested that you arrive at the theatre early in order to secure admission.

PARENTS' ASSOCIATION PURIM PARTY WELL ATTENDED

Last Sunday evening, the Parents' Association conducted a very well-attended Purim Celebration.

The Parents' Association had conducted the early part of the day, a Purim Celebration for the Children and Juniors.

The Iroquois Club, the Seacs, Troop 525, Troop 658, and the A.N.I. Branch 24, are now engaged in publishing their respective club papers. They are all competing for the House Trophy for Junior Publications.

A Proclamation to all Merry Makers



Now it came to pass in the days of the Institutional Synagogue which reigns over the fun and recreation of all good Jews in New York.

That in these days a decree was issued by the Girls' Clubs of that self-same Institutional Synagogue that the feast of Purim should be observed with joy and merriment.

And it was further decreed that all good members of the same Institutional Synagogue should assemble to celebrate Purim on the 7th day of the month of March and should make merry at the **Purim Masque and Dance**, which the Girls' Clubs have arranged, and it will be bigger and better than any entertainment before arranged by them.

And it was further ordered that everybody come prepared for a great time, and lend to the merriment, and enjoy the dancing even unto the next morning. Members and their friends are cordially invited to attend so that all may come and make merry.

DON'T FORGET THE BIG PURIM MASQUE * * MARCH 7th.

YOUR HEALTH

by **Dr. Morris R. Altman**
(M.J.C.P.A. Service)
No. 7—BATHING

Baths have been considered a desirable curative agent since earliest times. The Romans thought them the supreme cure-all. Since impurities are eliminated by means of the skin and kidneys, open pores are obviously a necessity for health. The fact that an occasional non-bather is cited simply means that such a person usually performs manual labor that induces sufficient perspiration to keep the skin active. Baths, therefore, are considered of prime importance in keeping people fit. When the body falls under par, there are all kind of baths to stimulate a normal functioning. While baths are usually given in a liquid state they may be also in the form of steam, ice, sun, salt, friction, and other means.

Baths are classified as very cold, 32-55 F.; cold, 55-65 F.; cool, 65-80 degrees F.; tepid, 80-92 degrees F.; warm, 104 degrees F. In order to gauge proper temperature, a bath thermometer, procurable from any druggist, is a necessity. The temperature of the neutral bath is 92 to 98 degrees. This is probably the form most often taken by the majority of people.

It is considered of value for mental workers indulging in little exercises. Insomnia (loss of sleep), may be relieved by using the neutral bath before retiring or in the middle of the night. The duration of such a bath should not be over thirty minutes. The neutral bath should never be taken except on retiring, as it decreases resistance to cold.

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BUDDIES WIN THE TOURNAMENT

The Senior and Intermediate Basketball tournament is over. The Buddies have conquered (as was predicted by Hoyle). The Buddies defeated the Pawnees past champions of the I.S.—score 40-24.

The first half ended with the score 14-8 in the Buddies favor.

The Buddies found themselves with the start of the second half—"Koch" Pollack-off, versatile and aggressive captain of C.C.N.Y.'s undefeated Junior Varsity basketball team, and "Left-Handed" Dave Budnitz, of Basketball's Hall of Fame, were the outstanding Buddies 'Stars' who shined Captain Greenspan, Simon, Zborover, and Cohen wound out the formidable champion Buddies Team.

The game was played cleanly and scientifically by both teams.

"Ally" Gabiras, a "star of stars" and "Moishe" Frankel, future Nat Holman, refereed the game. A vote of thanks is herewith extended to these worthy gentlemen (what!).

Well, "another" championship to the Buddies.

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