

I. S. DEBATERS TO MEET WASHINGTON HEIGHTS "Y" APRIL 27th

On Monday, April 27, when Washington Heights "Y" Debating Team visits the I. S., the audience will be the recipient of some clever arguments on the subject: "Resolved, that judges in New York be appointed by the Governor, from a list submitted and endorsed by the Bar Association."

The I. S. will uphold the negative while their opponents will present the arguments for the affirmative. Messrs. Charles Cohen and Morris Urieff will represent the I. S. In spite of the short time allotted them, they have already prepared their speeches, and are now practicing on the presentation.

The subject is replete with interest because of the recent investigation of judges in New York City.

The team has had a splendid record this season and we look to them to keep it up.

I. S. JUNIOR IN "TIMES" CITY ELIMINATION ORATORICAL CONTEST

If you see our esteemed Director, Mr. George Livingston, walk more sprightly than usual, or notice that his smile is more expansive than ever, it will set you thinking. Your first guess that he must have made a grand kill on the Market may be wrong; your next guess that this reaction must then be the result of some new achievement by young Livingston is correct, perfectly so.

Young Marvin Livingston was chosen to represent the Cooper Junior High School in the New York Times Oratorical Contest in the District Elimination held recently. He was then chosen by the judges of the Elimination Contest to represent the District in the City Elimination next Friday at the Town Hall. Those who have listened to Marvin render his speech predict that he will represent the City, then the State. Well, Mr. Livingston is non-committal. But Mrs. Livingston is ascertaining the fare rates to Washington, D. C., that's where the National Contest will be held.

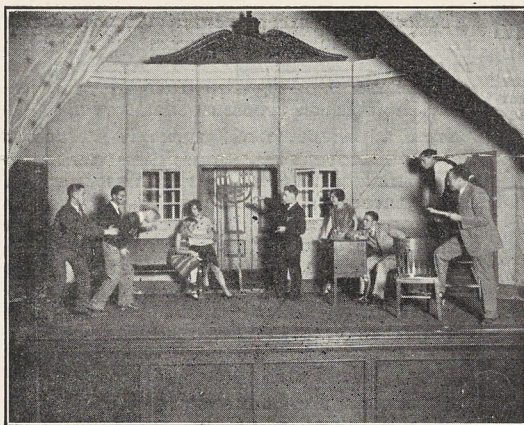
The I. S. constituency wishes Marvin lots of success.

Marvin is also a splendid student in our Talmud Torah.

GIRLS DEPT. TO HIKE MAY 10th

Miss Phillips announces that the Girls' Clubs will conduct a real hike, Sunday, May 10th. Besides some mountain climbing—more or less—there will also be outdoor games and a campfire feed.

ONE-ACT PLAY CONTEST TO BE CONDUCTED ON MAY 3rd



Clubs Show Interest in the Most Popular Tournament This Year

After weeks of rehearsing, the Thespians of the I. S. are ready to make their bows Sunday night, May 3rd, in our Auditorium.

The One-Act Play Contest, evidently the most popular Tournament this year, will be conducted then. Admission will be free to House Members and their guests. Curtain will rise at 8 o'clock promptly because of the many participants.

Unprecedented Number Participate

A number of our most active and versatile intermediate clubs are participating. The Juniors will conduct their own Tournament very shortly.

The following clubs will vie for dramatic honors: The Arista (male), Jeshurun (male), Jesters (male), Omaha (female), Pawnees (male), So-caths (female), and the Spartans (male).

The clubs will meet at 7:30 to determine by lots their respective order of production.

A plaque will be awarded the prize production and a medal will be presented to the best individual performance.

Drama and the I. S.

The reason that dramatics is stressed at the present time by the Institution is the realization that one of the big features of an individual's education is that of expression.

Nothing gives an individual more of a sense of orientation in life; nothing gives him so much of a feeling of power, so good a sense of personal responsibility as that which he or she can acquire through a course in dramatics. Through dramatic activities the member is taught to interpret his own life and others, lives in terms that other people can understand.

Through this tournament we are endeavoring to teach our members the use and the power of language, gesture, situation, and the cultural appreciation of the drama.

Be Sure To Be Present

We urge our members and readers to be present at the tournament May 3rd, Sunday night, at 7:30 o'clock promptly. There will be no admissions to the auditorium after 8:30. Please be prompt!

MET LEAGUE ORATORICAL CONTEST THIS SUNDAY AFTERNOON

The preliminary Oratorical Contest of the Metropolitan League will be conducted for the Borough of Manhattan in the library of the I. S. this Sunday afternoon at 3 o'clock promptly.

Orators representing the leading centres in Manhattan will participate. The Institution will be represented in the contest by Mr. Morris Urieff. At the time of this writing the names of the other contestants are not yet available.

The orations will be limited to the subject: "Outstanding Current Jewish Problems" in any of the following fields: Religion, Jewish Education, Business, Communal Life, University Education, Philanthropy and Palestine.

Members and their guests are invited to attend the contest.

Mr. M. Maldwin Fertig, President of the Bronx Y. M. and Y. W. H. A., is the President of the Metropolitan League. Hon. Isaac Siegel, President of the I. S., is Vice-President of the League. Mr. E. J. London is the Field Secretary. Mr. Cohen is conducting the Manhattan Preliminary for the League.

I. S. DAUGHTERS PLAN NEXT YEAR'S PROGRAM

At their meeting last Wednesday night, the active I. S. Daughters considered plans for a larger organization next year.

These ladies plan to continue their work for the Institution and also to incorporate an active social program for their members.

Miss Esthel Garfunkel is the president. The I. S. Daughters meet the second and fourth Wednesday of every month.

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It was with profound sorrow that we learned of the death of one of New York's most outstanding Jewish citizens and a sincere friend and benefactor of the Institutional Synagogue, Mr. Joseph Leblang.

His loss will be keenly felt by his fellow Jews and by his fellow members in the Institution.

SPRING FEVER? SPRING INACTIVITY?

This Sunday at 3—Oratorical Contest.
Monday at 8—I. S. versus Washington Heights "Y": Debate.

Sunday, May 3rd, 7:30—One Act Play Contest.

Wednesday, May 6th—Moving pictures.

Sunday, May 10th — Girls' Department Hike.

Our Reception Room needs a Radio, Victrola or Piano. If you possess one that you desire to donate to the I. S., our appreciation would be unbounded.

We wish to thank Miss Fleishman, of the American Hebrew, for the use of the Col. Friedsam photo in last week's "Institutional."

PARENTS EXPRESS APPRECIATION TO I. S. TALMUD TORAH

Children have always liked Passover. It is a great holiday! Its many ceremonies and customs are so beautiful, so all-embracing, that they possess the power to change completely our every day atmosphere.

What's more, it is a children's holiday. A Seder celebration without children is unimaginable. Who can ask the Four Questions, whom will the father address, who will outwit his father by concealing the Afikomen, and who will out-do him in the singing of the Kiddush?

Indeed, the Seder ceremony is conducted in order to arouse the interest of the child so that "he shall ask you" as the Bible puts it. On the holiday the child is indispensable, he is more precious than ever.

Even a disinterested parent is offered a chance to know the extent of the knowledge of his child and the degree of his progress. It is, therefore, interesting to know what our parents think of their child's progress and whether they are satisfied or not. Hundreds of letters pour into the office of the Talmud Torah every year after the Passover Holiday. A few of this year's letters are offered here:

My dear Mr. Feier:

Gone are the Seder Celebrations! The wonderful spirit of holiday joy was greatly enhanced by our daughter's excellent knowledge, which was the finest decoration at our table.

Words cannot express our happiness when we listened to our daughter's stories of the Exodus, her sweet Kiddush melody and her manner of asking the Four Questions, as well as her knowledge of all the laws and customs of the Passover Holiday.

We are indeed thankful to you for her unexcelled accomplishments and for the opportunity you gave her to advance herself so much in so short a time.

Yours very truly,

(Signed) LEON GOLINSKY.

My dear Mr. Reiss:

Our son was our pride and joy as he asked the Four Kashas perfectly. His knowledge of the story of Pesach and the history and customs surrounding this beautiful holiday shows beyond doubt the good methods of your teaching.

Hoping you continue this good work, I wish to remain,

Yours sincerely,

(Signed) LOUIS LEFKOWITZ

Dear Mr. Feier:

I am very proud to inform you that my son, Victor, has helped me greatly in the conduction of the services on the first Two Seder Nights.

He read the Four Questions with expression, demonstrating that he knew what he was talking about. He also sang the Kiddush clearly and distinctly. Hoping that he will continue this splendid work, I am,

Yours truly,

(Signed) DAVID ALTCHER

I. S. DEFEATS SCHIFF CENTER

The Senior Handball Team handily defeated the Schiff Center team last Wednesday night. Their decided victory wiped out the defeat they suffered at the hands of this team last month.

The game was filled with interest as match after match went to the I. S. team. The hardest match of the evening was that between Al Epstein and the captain of the visiting team. After a game that held the spectators to the last minute, Al was defeated by a score of 21-16.

His team mates avenged his defeat by beating the doubles team of the Schiff Center by the same score.

The last game of the season will find the I. S. matched against Mt. Vernon "Y," away from home.

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HANDBALL TOURNAMENT TO START IN MAY

The annual Handball Tournament between the Intermediate Clubs will begin in the early part of May. Entries must be in no later than May 7th.

Rules

- 1—Members competing must be members of their respective clubs, in good standing, prior to January 1, 1931.
- 2—A handball team shall consist of five men, three of whom will compete in the singles and two in the doubles.
- 3—Only one player can compete in both the singles and doubles matches.
- 4—The ball to be used will be a regulation handball and will be supplied by the Physical Education Department.
- 5—Scoring: Each single match will count as one point and the doubles match will count two points. The team winning three or more matches will be adjudged the winner.
- 6—A team that does not appear fifteen minutes after scheduled time will lose by forfeit.
- 7—The tournament will be run in rounds. Any team losing one game will be eliminated.
- 8—All entries must be received by either Mr. Silbert or Mr. Urieff, no later than May 7th.

Enter your team NOW and start practicing.

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GAMMA SIGMA PI WILL CONDUCT ANNUAL CHARITY DANCE THIS SATURDAY NITE

The Gamma Sigma Pi Sorority, recently designated by Mr. Cohen as the Social Welfare Project Group of his department, will conduct its Annual Charity Dansant this Saturday Nite at the Level Club.

A splendid program of unusual entertainment will feature that evening.

Subscription is only One Dollar. Tickets may be secured in advance from any Gamma Sigma Pi member or at the door. The proceeds will be devoted towards the development of the charity work conducted by the sorority.

This Is Your Opportunity to Clear Up Some of Those Doubts That Have Long Been in Your Mind

RABBI GOLDSTEIN ON "FIVE-DAY WORK WEEK"

In order that the five day work week may become the standard American work week, I respectfully urge President Hoover to present to the next congress the need for a Federal Five Day Work Week measure. If such a measure were passed in Congress, affecting federal employees, I have no doubt that our respective State legislatures would do likewise for State employees. This would give sufficient momentum to the movement to have the captains of our industries introduce the five day week into the general economic structure of the United States. I urge this not as a palliative, but as a curative measure. Our present method of tacking the unemployment question is temporary and therefore insecure. We have appropriated huge sums of money for public improvements which at best reach largely only one section of our people, the unskilled laborers. What about the overwhelming majority of our citizens who cannot be employed in public works? Furthermore, we do not seem to properly derive the benefits of the blessings of our machine age. With a minimum of effort our modern machinery has produced a maximum of output, which we have not converted for our best interests, but which we have permitted to be the cause of overproduction and consequent unemployment. Our tasks then is to conceive of some solution which will keep pace with the advantages of scientific invention. It is apparent, I take it, that for the present, a shorter work week, and for the future a shorter work-day, will be necessary to keep pace with the ever increasing labor saving devices, and the ever increasing mass producing machines.

Our problem, men and women, is to endeavor to bring about an equal distribution of labor so as to insure domestic tranquility, and spiritual safety. The Five Day Work Week must bring about two great boons, one the material, the other the spiritual. On the material side it will mean more jobs, more spending, and in turn more production which will keep up with the levels of machine production. On the spiritual side it will take our citizens out of their religious bankruptcy. With the six day work week, and the present desire and need for physical recreation we have converted our Sabbaths into picnic carnivals rather than soul-stirring exercises. We are rapidly becoming a Sabbath-less people. A Sabbath-less people will eventually become converted into a pagan people, with pagan desires and pagan pleasures. The five day work week will give equal opportunity for the proper physical and spiritual enjoyments to both Jew and Gentile. For the Jew it will mean that Saturday will be restored as the day of religious worship, and Sunday will become the day for outdoor recreation. For the Christian it will mean that Saturday will become the day for outdoor sports and Sunday a day for religious services.

Out of the panic of 1907 there emerged the great financial measure of the Federal Reserve Act, and I fervently hope that out of the present unemployment situation there will emerge before long a Federal five day work week, which I am certain will make for our well being, material as well as spiritual.

THE JEW IN MUSIC

"Is the Jew so sensitive to Beauty?" wrote a reader of these series. "The very Bible, the very language of the Jew is in itself a symphony of euphonious expression," answered another reader.

The Bible, "the very language," "symphonious expression" . . . Ada Sterling, in her excellent book, "The Jew and Civilization," discusses with great merit the essence of the above question and answer. She quotes Gentile estimation of the sensitiveness of the Jew to beauty. It will be noted that these estimations attribute the Jew's love of "the concord of sweet sounds" to the Bible.

"The ancient Hebrew Poetry (symphony of euphoneous expression) is full of the aptest, sweetest and most impressive descriptions of nature and all her works and of the influence of nature upon the spirit of man," wrote Dr. Chas. W. Elliot. "No race has ever surpassed the Jewish descriptions—in Music and in Poetry—of either the beauties or the terrors of the nature which environs man."

Edmund Clarence Stedman, lecturing at Johns Hopkins University, said: "It has been said of the Hebrew language that its every word is a song . . . All is set forth with a frankness that made the heart of a Hebrew tent-dweller the heart of the world thereafter . . .

"We think of inspiration, and a Hebrew seer glows in the prophetic East. There is no aesthetic expression (music and poetry— at once so grand and so familiar to us. Its inherent racial genius was emotional, and therefore lyrical . . . and of so fiery and prophetic a cast that its personal outbursts have a loftiness beyond those of any other expressionism.

"There is no more wonderful music of the emotional order than the Psalms of David. Modern self-expressionism is not so simple and direct. We feel in the naivete of the Davidic lyre, the stress of human nature in its articulate moods. This gives to the music of the scriptures an attribute possessed by no other racial music—Universality."

We recently overheard several boys discuss the Jew and Music. "The Jews," said one boy, "have beautiful synagogue music. In our Children Shul services we are greatly pleased to raise our voices and sing with great spirit our beautiful prayers, or sometimes our Yiddish folk songs. I like the Palestinian Scout songs best."

"But," said the second boy, "we are also great composers and interpreters of modern music and jazz. My music teacher told me that the greatest writers of popular music are Jews."

"And," said the third boy, "my Hebrew School teacher told me that the greatest composers and interpreters of Classic Music are Jews."

One of the boys' fathers overheard part of the conversation and said, "We Jews are sensitive to Life and Beauty. Not only does the Jew express himself in poetry, and you know our great poets, Halevi and Bialik, but also in music. The great philosopher, Goethe, once wrote, 'Where words cease, Music begins.'"

(To be Continued)

WELFARE BOARD HEAD URGES LEADERSHIP DEVELOPMENT

"Training for leadership is a primary obligation of character-forming agencies," said Harry L. Glucksman, executive director of the National Jewish Welfare Board, at the March meeting of the Metropolitan Association of Jewish Center Workers. "The time has come," Mr. Glucksman continued, "deliberately to plan for this development not only in social work, but in every other department of American life. In recent years, it has become increasingly evident that the striking, dominant leadership of the past, in government, business, finance, education, was no longer present. Perhaps that leadership was a natural by-product of the pioneer stage in the development of our national life. Whatever explanation one may make, however, the fact remains that the greatest obligation resting now upon those responsible for the development of our youth is to create the means whereby they may become the reservoir from which the leadership of the future is to be drawn."

Continuing, Mr. Glucksman emphasized "the role of the Jew in America as not being restricted to the development of the American economic structure. The Jew's special contribution, in consonance with the Jewish tradition, must be of a spiritual nature. His responsibility is to contribute to the upbuilding, to the meaningfulness, and to the articulation of ideals, ideals which are naturally his by virtue of the great teachers in Israel who taught that greed and corruption are to be condemned, and that Jews should be sensitive to injustice and wrong and work for their elimination and their correction. Now more than ever in American life, strong social forces must be let loose to offset the dominant materialistic tendencies which have lowered the social standards and brought our public service to such a low estate.

"The effect of the economic depression on social agencies has been universally felt and whilst some leaders have accepted too readily this situation as an excuse for letting up, evidences are everywhere to be found in the Jewish communities of America that the masses are alive to the critical situation through which they are now passing and the increased obligation which rests upon them to continue in full operation institutions which have to do with the education and character building of our youth.

Jewish Youth Movement Needed

"Our hope," concluded Mr. Glucksman, "lies in stimulating our youth to participate more wholeheartedly in the various phases of communal life. In the past the youth has cooperated in a feeble, restricted manner. The immediate need is to rally our youth, to focus attention upon their potentialities, to crystallize and harness their idealism and spirit of self-sacrifice."

We Invite You to Send Any Questions, so That They May Be Promptly Answered

YOUR HEALTH

By Dr. Morris R. Altman

(Dr. Altman will answer all questions pertaining to health from Y. M. H. A. and Jewish Center members. Send your questions to him care of the Metropolitan League, 71 West 47th St., New York City.)

No. 10—What the Doctor Means

The doctor uses four terms which everyone should understand. They are temperature, pulse, respiration, and blood pressure.

I will explain to you the meaning of temperature. It is the body's heat taken by the aid of a clinical thermometer placed in the mouth or under the arm-pit. Normal temperature by mouth should be 98.6 degrees F. Under the arm-pit 1-10 degree or more lower. Sub-normal temperature, i. e., one below normal, or a temperature above normal, usually indicates trouble.

When temperature rises above 98.6 after the thermometer is left in the mouth one to five minutes, the patient has fever or is said to have "temperature." In children temperature runs higher than in adults and can sometimes reach an alarming degree and subside just as quickly.

Inflammation and germs raise temperature, while excessive vomiting, diarrhoea and shock frequently lower it.

In taking temperature by mouth the mercury should be shaken below 95 degrees F. The patient should take nothing hot or cold directly preceding. The lips should be kept closed. The thermometer is read by holding horizontally against the light and reading where the end of the mercury stops.

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There is no refuge for the one who rides
The silent reaches of the prairie grass
That bend and break in dull-gold rhythmic tides

To let the horseman of the prairie pass.
There is no chart that guides him on his way

No compass that will tell him north or south;

But with the last gray-lavender of the day
His stallions' hoofs go swift across the night.

The prairie questions not — it only knows
That when the moon is high and cold and white,

He will ride beneath the silent sky
And prairie grass will bend to let him by.

PHILIP BOYARSKY.

—O—

DO YOU KNOW THAT —

- 1—The recently appointed Vatican librarian is a Jew? (He accepted the position with the proviso that he be allowed to follow the tenets of his faith).
- 2—The first "Sefer Torah" ever shipped to Hawaii arrived there last week?
- 3—A colony in Palestine has been named after Lloyd George?
- 4—Recife, in Dutch Guiana, was the first Jewish settlement in the Americas? (It was established in 1620.)
- 5—The Czaristic restrictions against the Jews have been abolished in Poland, after a twelve year debate?
- 6—The youngest judge in the state of New Jersey is Abraham Levine, 29 years old?
- 7—The Rothschild family derived its name from the red shield that decorated their home in the Ghetto?
- 8—M. Davidsohn made the first electric automobile.
- 9—Julius Rosenwald is the richest Jew in the world?

THE TRAINED MIND

Many swim, but few swim well.

One man, by dint of exhausting effort and much splashing, covers the length of a tow rope; another goes a much greater distance with ease and enjoyment. To master the technique of a good stroke is to be able to apply one's strength effectively, to swim without undue fatigue, and if needs be to cover great distances. To these ends training and practice play a large part.

There is here an analogy with mental activities. All people may be said to use their minds, but how few use them well! Few apply their minds effectively to the processes of observation, deduction and reasoning. Few are capable of sustained thinking of a sort that reaches goals. Such mastery results from training and practise.

Choose Your Company

We acquire skill, whether physical or mental, to a large extent through imitation. Hence it is important to seek models. The better the standards at which we aim, the greater is likely to be our advancement. The man who aspires to make the most of himself will therefore associate as far as possible with persons of promise and ability.

He will continually seek training in his chosen field of activity. His reading will include books, both old and new, that bring inspiration and insight. A trained man, to cite one of his most important traits, can adopt a new idea without becoming thereby an extremist or fanatic. He fits the new into the structure of his well-tried and valid ideas. Thus he preserves his mental balance and breadth of view.

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