

### Publication Office: 37-43 West 116th Street

Vol. XVII, No. 22

FEBRUARY 2, 1934

Shevat 17. 5694

### MUSIC DEPT. ACTIVE AT BOTH BLDGS.

The Department of Center Activities is happy to announce that new appointments been made to the Department of have Music.

Mr. Max Schwarzmann, who is well known in I.S. circles as former director, is once more with us. Mr. Schwarzmann, a graduate of the Vienna Conservatory of Music with the highest honors, has taken part in operas and concerts in many countries of Europe, and in the United States. He will conduct piano and vocal culture at both buildings.

Mr. Herman Cohen, concert master of the Symphony Orchestra of the Educational Alliance, has shown his ability over the radio and concerts. Mr. Cohen will give violin instruction.

All classes of the Music Department are open free of charge to members. Anyone interested in registering for these classes should see Rabbi Goodman.

### LIVINGSTON TO ENTERTAIN WOMEN'S LEAGUE AT HOME

A Social Meeting of the Women's League will be held at the home of Mrs. George L. Livingston, 300 Central Park West, on Monday afternoon, February 5th, 1934, at

Immediately following the regular Bible Class by Rabbi Herbert S. Goldstein, there will be a reading by Mrs. Morris Rogin of the Chicago cast of "Counsellor at Law." She will present selections from "Peace on Earth" with musical accompaniment.

### ESSAY CONTEST CLOSES FEBRUARY 7th

February 7th will be the final date for receiving essays for the Jewish Essay Contest conducted by the Department of Central Activities. It is still not too late to prepare and enter essays.

The winners in each division of the contest will receive valuable awards and will also have their winning essays published in the "Institutional."

All members are eligible to participate in this contest and the divisions are according to age and schooling. In this way people of the same age will be competing against each other.

### WELCOME

The Department of Center Activities announces the appointment of Milton Rosenberg to its staff. Mr. Rosenberg will be in charge of the Game Room and Library in the afternoon and in the evening will assist in the Gymnasium and Swimming Pool.

# SURPRISE NIGHT PROVES SUCCESSFUL

The first "Surprise Night", which was held in the Social Room on Tuesday night, January 30th, proved to be a huge success. Most of the members presented themselves and applauded vociferously as a result of the splendid entertainment offered by the singers and dancers who performed.

Solly Alper, the far-famed band leader, was the Guest of Honor, and did yeoman service, singing his own compositions and accompanying at the piano the other stars. Butch Heller, the local Bing Crosby, performed and brought forth volleys of applause. Mr. Herman Cohen rendered two beautiful violin solos. Rabbi H. S. Goldstein delivered a talk.

Dancing followed and most of the Inter-"Surprise Night" will be a weekly feature on Tuesday nights. Jack Lawrence, author of "Play Fiddle Play" and "Gypsy Rhapsody", will be the Guest of Honor next Tuesday night and another pleasant evening is in store for months. ning is in store for members and their friends.

There is no admission charge, but members must show their membership card in order to obtain admittance.

### DIARY-JOURNAL COMMITTEE BEGINS FINAL DRIVE

William Basser, Chairman of the Diary-Journal Committee, announces a strenuous final drive for advertisements for the Diary-Journal of the Institutional Synagogue which is expected to appear April 1st.

The Diary-Journal will be a novel book for every day use. Advertisements will be placed between the pages for the diary. This will guarantee the constant appearance of the advertisement before the eyes of the users. Interest and valuable information will also be contained in this book of permanent value.

Members and friends are urged to do Contract blanks may be had from Mr. William Basser, or Mr. Abraham Bernstein at the Main Building Office, 37-43 West 116th Street, UNiversity 4-6729.

There will be a meeting of the Board of Directors on Wednesday evening, February 7th, at the West Side Branch, 148 West 85th Street, at 8:15 P.M. promptly. directors are urged to be

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## **BIBLE COMMENTS**

Sedrah for Week "Yisro"

by Rabbi Herbert S. Goldstein

Chapter XX, Verse 2. "I AM THE LORD THY GOD WHO BROUGHT THEE OUT OF THE LAND OF EGYPT OUT OF THE HOUSE OF BONDAGE." It is interesting to note that the consciousness of God is not urged upon us as a matter of belief, but rather as a matter of knowledge or experience. Our Rabbis point out the fact that if the commandment read, "I am the Lord thy God who created heaven and earth," instead of "who brought thee out of Egypt," consciousness of God would be linked with Creation and we would have to accept God on faith, but since the story of Egypt is referred to, it is no longer a matter of hearsay but rather an actual historical happening which was witnessed and experienced by three million souls. Furthermore, the story of creation would only tell us that there was a Creator, or a Supreme cause, but not that there is an Ominiscient Introspecting Judge of human arrairs, One who also bestows the spirit of prophecy upon mortals so as to have intercourse with humanity and inform them of His wish and pleasure. All these things were evidenced m God's dealings with Egypt and in the redemption of Israel through Moses.

Verse 8. "KEMEMBER THE SABBATH DAY." The Rabbis say this means that

one should have forethought during the week so that Sabbath desecration should not face him suddenly and become un-avoidable. If one orders goods, for instance, he should try to arrange that they should not be delivered on a Sabbath or on a holy day. The Sabbath is so holy that it becomes part and parcel of the Jew every day. We close our daily prayers on Sunday by saying, "Today is the first day to the Sabbath," and then read a Psalm. On Monday we conclude, "This is the second day to the Sabbath," etc., and on Saturday we say, "Today is the holy Sabbath."

Verse 10. "AND THE SEVENTH DAY IS THE SABBATH." Though the Sabbath day is to be a day of rest from our ordinary daily labors it must not be spent in vulgar enjoyments. The program of the day, if spent correctly, should include attendance at synagogue services and reading the Torah, to intensify the spiritual significance of the day. As far as the physical side is concerned we should endeavor to have better food and wear better clothing on the seventh day than on the other six days of the week so that the Sabbath may bring with it a contented frame of mind and make us susceptible to holy thoughts.

"THOU SHALT DO NO WORK, NEITHER THOU, NOR THY SON, NOR THY DAUGHTER, ETC." This, the Rabbis say, teaches us that the head of the house must train his children and all those who are in his household to honor the Sabbath and to abstain from any activity

which might lead to its descration.

Verse 12. "HONOR THY FATHER

AND THY MOTHER, ETC." Since the father is usually less popular with his children because he restrains them and the mother is usually more popular because she yields to their wishes, the Torah here places the father first, so that one should honor his father as well as his mother. On the other hand, since a child is apt to fear his father more than his mother because the former is the stricter of the two, the Torah in the Book of Leviticus, Chapter 19, Verse 3, commands, "Ye shall fear every man his mother and his father," making it obligatory to fear the mother as well as the father.

# Personals

An innovation was introduced this Tuesday night, January 30th, in The Social Room . . . An event that was taken up with much enthusiasm by the members-atlarge . . . This Show was in the form of Surprise Night . . . wherein all the local talent exhibited their prowess along entertainment lines . . The Guest of Honor was the far-famed Barrister and Band Leader, Solly Alper, who has entertained here on countless occasions . . Teddy Feld, a Dancer Par Excellence . . . Butch Heller, the local Bing Crosby . . . Jerry Beuler . . . and many others . . . Dancing followed.

The "H.M.S. Pinafore" rehearsals are coming along in grrrand style . . . with the principals showing some excellent work . . . One of the male leads, Joe Rosenbaum, we have it on reliable hearsay, is a graduate of the University of Madrid ... The Pawnees are back in the fold .... and have brought with them the entire membership of the Independent League . . . Welcome . . . and stay long and late Never saw so much pep down in the Gym previously . . . investigated and learned that the Handball Tournament is in progress . . . and the gvm members were battling away furiously for the handball championship . . The Pickwick Girls seemed to be terribly concerned over their chances in the recent Regents . . . but the captivating smile of Miss Sylvia Harvey, their charming directrix, sort of made them forget their temporary anxiety . . . The Amigos have chosen Lord Dunsany's "A Night In An Inn" for the One-Act Play Contest . . . Incidentally . . . this is the vehicle that brought home the championship for the I.S. several years ago in an inter-Y tournament . . . Sylvia Rosenberg was seen aton a white horse on the bridle path in Central Park . . . truly a gorgeous specimen of femininity . . . Herman Cohen, a headline rover of the ether waves . . . is now instructing the boys and gals of the Imitation Stradivarius . . . Arrangements are now being made for the Annual Purim Festival . . . to be held down at the Gym . . . on March 3rd . . . there will be a gala floor show . . . tickets will be distributed this week . . . take our advice . . . get your share . . .

#### WANTED

A young lady, 21 years or over, to volunteer to lead a girl scout troop. No previous scouting experience necessary. For further information apply to Rabbi Goodman.

### ATTENTION ORATORS

The Annual Oratorical Contest will be held Thursday evening, February 8th. The winner will represent the I.S. in the Manhattan finals of the National Oratorical Contest which is being conducted by the National Jewish Welfare Board.

All members between the ages of 16 and 21 are eligible to participate in this contest. The topics are of current interest and may be obtained from Rabbi Goodman.

# Health Habits

IRWIN I. LUBOWE, M. D.

#### WRESTLING

The most vigorous, hardy and hazardous of all sports is that of wrestling. To be very adept and skillful at the above mentioned sport, one must possess a thoroughly muscular and strong body. At the same time, one must be wide-awake and alert to meet all emergencies without much forethought and meditation.

The sport is indulged in a light sporting costume—athletic shirt and shorts. There should be a smooth and well-padded rug upon the hard, rough, and irregular wooden floor, in order to avoid any unnecessary scratching or bruising of the

When wrestling in the gymnasium for the purposes of body development and muscular exhiliration, it is advisable to proceed slowly, and time the movements. Do not engage in this endeavor with a chip on the shoulder or with anv particular grudge. Ask the physical instructor to demonstrate the various intricate holds, as Half Nelson, Toe Hold, and Hammer Lock Hold.

The fibers and strands of the muscles of the hands, feet, thighs and abdomen become toughened and hardened, and eventually well formed. When throwing the opponent to the floor, do so with ease, and not with vengeance. Always wrestle with an opponent of the same weight.

It is alweys advisable to engage in all athletic activities with care and moderation. Before indulgence in this active and strenuous sport, the heart and lungs should be examined to detect any abnormal lesions. If present, wrestling should not be one of the individual's indoor sports.

The brisk shower before and after should be carried out routinely. If this type of sport proves interesting and exciting, it can be studied closely by reading several of the well-written books on this fascinating subject. The athletic instructor will only be too willing to impart advance instruction to the inquisitive athlete.

So, in conclusion, wrestle on a well-padded floor, with an opponent of equal weight, and always in moderation.

# SENIOR DOUBLES HANDBALL TOURNAMENT IN FULL SWING

With the Senior Doubles Handball Tournament entering its second stage, it is at once noticeable that thus far it has been a close fought contest between the various participants. Leading the entire group is the team of Cedric Rosenberg and Milton Leicher, with a record of two games to their credit. Closely following them are four teams composed of J. J. Blau and L. Danziger; J. Berman and E. Hacker; L. Lieger and Sid Bach; and M. Berman and J. Altman. These teams have won their first games.

This tournament is being held in the form of a "round robin" and all the losing teams have another chance to beat their opponents before they are eliminated from the tournament. Games are being scheduled now for the entire month of February. By the end of February it is expected to have this tournament completed and the winners announced.

# Current Events in the Jewish World

The German Maccabi, Jewish sports organization, announced recently that negotiations have been started with the German authorities to admit Palestine to the 1936 Olympiad to be held in Berlin.

The announcement stated that "It is hoped to complete the formalities entitling Palestine to participation in the Olympiad in the near future."

A new radio series just announced by WEVD features Herman Bernstein, editor of the Jewish Daily Bulletin. He will broadcast his views on important current topics affecting the lives of Jewish people throughout the world.

Outstanding figures in world Jewry will appear as guest speakers. This series started Tuesday, January 30th, and will be

broadcast fortnightly.

Although there are a few hundred Jewish families in Colon, Panama Zone, there is no institution of Jewish learning, it was learned recently through the Jewish Tele-

graphic Agency.

The Panama Zone's Jewish colony is a meeting place for Jews from many countries, some of whom are well organized, but the majority of whom have no opportunity to learn Judaism. The children

speak English and Spanish.

According to a recent report from the Jewish Daily Bulletin, a meeting of the Jewish farmers of New Jersey will be held

in the very near future.

The purpose of this meeting is to provide Jews who do not live in towns with large Semitic populations with a chance to form congregations and educate their chil-

dren according to the principles of Judaism.

The sect of the Jews, known as
"Karaites", who claim to be the only "real
Jews" and that observe only the letter of
the Torah and not the Talmud, have asked
permission from the Warsaw office of the
Lawish Agency for Polocting to sottle in Jewish Agency for Palestine to settle in Palestine.

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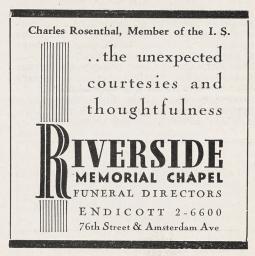
Governmental aid in the form of loans to community character building institu-tions was advocated by M. Maldwin Fertig, president of the Metropolitan Conference of Jewish Community Centers, in an ad-dress at the installation of officers of the Williamsburg Y.M.H.A.

Not one poem in 10,000 written by Jewish authors has been lenient toward Jewish authors has been lement toward the subject of war, according to Philip M. Raskin, noted Jewish poet and Zionist. Mr. Raskin, editor of an "Anthology of Modern Jewish Poetry," stated that he had read 10,000 poems in preparation for the anthology, and none of them had attached heroism or glory to armed conflict.

"This," Mr. Raskin said, "is syptomatic of a Jewish psychology against war. There is something in the Jew's constitution which is inimical to militarism and this element is found in his expression."

The poet sounded a note of optimism in expressing his belief that "the great dreams of mankind must ultimately triumph. They are leading the world ahead in spite of all the obstacles they must surmount."

Because the German government exerted pressure upon the Lithuanian Government in protest against the posters appearing in Kovno, Lithuania, exhorting the Jewish population to observe the anti-German boycott, the police of that city raided the Jewish community and confiscated a number of community records.



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