

ORDER YOUR TICKETS AT ONCE
FOR OUR OPERA —
FEBRUARY 22, 1953

West Side Institutional Review

Vol. XVI, No. 17

January 2, 1953

Teveth 15, 5713

Israeli Diary

By Mrs. Herbert S. Goldstein

**JERUSALEM,
MONDAY, JUNE 9, 1952**

All Israel is astir, today, at the very drastic and far reaching decision taken by the Israeli Cabinet, at its meeting in Jerusalem, yesterday. This is how it was announced in the Press this morning. "As of midnight, last night, the present Israel banknotes, issued in 1948, by the Anglo-Palestine Bank, ceased being legal tender. As from noon today, they will be exchanged for new notes issued by the Bank Leumi Le' Israel. Simultaneously 10% will be deducted from all 5, 10 and 50 pounds banknotes submitted for exchange, which will be a 15-year compulsory loan at 5% per annum. Ten per cent will also be deducted automatically, from all bank deposits exceeding 50 pounds, for the same loan. Residents will be given a fortnight, as from noon, today, to change their notes at any bank in Israel. For the next 48 hours banks will be closed for all business except for the exchange of banknotes." Can you imagine what commotion and disruption this has caused. It was impossible to do any purchasing today unless you had 1 Pound bills or smaller change (which is exempt from this ruling, for the present). Neither Dad nor Naomi had any one Pound bills on hand, so we could not even pay the taxi-driver when we went out this morning. Realizing this situation, Dad had gotten a taxi driver who lives on our block and who was willing to give Dad credit till he gets the new bills.

WEDNESDAY, JUNE 18, 1952

This morning we took a trip for a change. We went to see KOMEMIEYUT which had 30 houses last year and now has 108. That is what I call progress. This is not a KIBBUTZ

(Continued on Page 2)

Young People
... and younger ones
are invited to visit our

Game Room

Mondays and Wednesdays at 8:00

MEMBERS, FRIENDS URGED TO CONTACT OFFICE FOR OPERA TICKETS AT ONCE

Immediate Action Imperative To Obtain Choice Of Seats

The continuing sale of the opera tickets for our benefit performance on Sunday evening, February 22, 1953 over the past few weeks make it imperative that each and every member and friend of the congregation contact the

Synagogue Office as soon as possible if they have not as yet obtained their tickets, Messrs. Herman H. Cohen and Joseph Settel, co-chairmen of the Opera Committee said recently.

With the opera only a few short weeks away, those who wish to obtain their choice of seats must contact the Synagogue at once. A moment's delay might mean disappointment.

The co-chairmen emphasized once again that the Opera Committee has priced the tickets in the hope that every member of the Synagogue family will be able to show his support for the institution by attending the Opera and thus participate in this important source of support for our Synagogue.

Not only will one feel himself a participant in an important Synagogue function, the co-chairmen continued, but those attending will be treated to one of the best of the Metropolitan Opera productions. Verdi's opera 'Rigoletto' has been recently restaged and redesigned. The all-star cast which will perform for us in February includes such well-known and popular singers as Paolo Silveri, in the title role; Roberta Peters as his daughter, Gilda; Jerome Hines as Sparafucile, and Giuseppe Di Stefano as the Duke.

Tickets are available at all prices. From \$2.50 in the Family Circle to \$25 in the Orchestra. In addition, a parterre box seating eight persons may be had for \$125. Thus, we hope to see all, both young and old, at this affair, Sunday evening, February 22, 1953 in the Metropolitan Opera House.

Contact the Office at once. To delay may mean to forget.

KEEP OPEN
SATURDAY NITE, JAN. 24
WATCH FOR DETAILS

LAYMEN'S INSTITUTE

Professor Joshua Finkel To Deliver Closing Lecture, This Tuesday Night

"The Jewish Influence on the Arabic Civilization — (How this potent historical fact may be utilized to improve relations between Jews and Arabs today)", will be the topic of Dr. Finkel's lecture this Tuesday night, January 6th at 8:00 o'clock. All our readers are cordially invited to attend this and all our other Tuesday nights lectures.

— ☆ —

COLLEGIATE FORUM TONIGHT

Tonight, at 8:30 o'clock, the Midtown Jewish Collegiate Forum will be held in our building. Mr. Aaron I. Maltin, Hearing Officer of the Immigration and Naturalization Service, will speak on the McCarran Act, which deeply affects the immigration policy of the United States. All young men and young women of college age are cordially invited to attend. Our members will be the hosts for the evening to the out-of-town collegiates who are at home for the winter vacation.

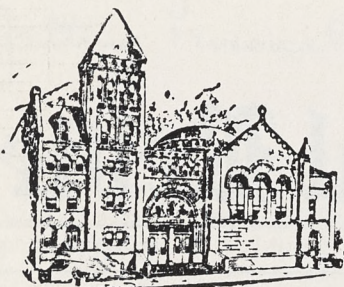
— ☆ —

A WORD ABOUT OUR POPULAR ADULT HEBREW CLASSES

If any of our readers wish to learn or to "re-learn" the Hebrew language and to participate more fully in the services, there is still time to enroll in our Beginner's Hebrew Class for adults meets on Tuesday nights at 7:15 o'clock.

On Monday nights at 7:30 o'clock, we have an Elementary Hebrew class for men and women who have some knowledge of the language.

For ladies who would like to become better acquainted with the order and meaning of our services, a class meets on Tuesday mornings, at 10:30 o'clock.



West Side Institutional Review

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MEMBER CONGREGATION



RABBI H. S. GOLDSTEIN Editor
RABBI O. A. REICHEL Associate Editor
LAWRENCE KOBRIN Assistant Editor
MORRIS JABLOW Managing Editor

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Israeli Diary

(Continued from Page 1)

but a MOSHAV. That is, a settlement in which the head of each family must find some means of earning a livelihood and support his own family. Since most settlements are more or less isolated, each settlement has to set up some industries to provide employment for the settlers. In Komemiyut they have a factory for making tiles for roofs from sand which abounds in that neighborhood, an immense bakery to provide bread for the entire population (instead of having to bring it from a great distance), and a large refrigeration plant. In ordinary times, many of the people here are occupied with agricultural pursuits, but this is the year of SHEMITA, a period during which the land must be allowed to rest and no planting may be done. That is a biblical injunction (incumbent upon those who come to live in Israel), which must be observed every seventh year. On account of the extreme emergency conditions existing in Israel, at present, terrible scarcity of food, an unstable economic situation and other difficulties, the Chief Rabbinate has issued a declaration absolving those who so desire, from keeping SHEMITA, this year.

Large numbers of people here, in-



"AS
R'CHASH
SEES
IT"

530th OF THE 613 BIBLICAL COMMANDMENTS

"The Laws Concerning The Heifer Whose Neck Was Broken"

By Rabbi Herbert S. Goldstein

I.

If in a field or on a road a slain person was found and it was not known who slew him, the Bible prescribed the following method of handling this matter, as we read in Deuteronomy, Chapter 21, verse 1, "If one be found slain in the land which the L-rd thy G-d giveth thee to possess it, lying in the field, and it be not known who hath smitten him," verse 2, "Then thy elders and thy judges shall come forth and they shall measure unto the cities which are round about him that is slain", verse 3, "And it shall be, that the city which is nearest unto the slain man, even the elders of that city shall take a heifer of the herd, which hath not drawn in the yoke," verse 4, "And the elders of that city shall bring down the heifer unto a rough valley, which may neither be plowed

nor sown, and shall break the heifer's neck there in the valley," verse 5, "And the priests the sons of Levi shall come near — for them the L-rd thy G-d hath chosen to minister unto Him, and to bless in the name of the L-rd; and according to their word shall every controversy and every stroke be", verse 6, "And all the elders of that city, who are nearest unto the slain man, shall wash their hands over the heifer whose neck was broken in the valley", verse 7, "And they shall speak and say: 'Our hands have not shed this blood, neither have our eyes seen it', verse 8, 'Forgive, O L-rd, Thy people Israel, whom Thou hast redeemed, and suffer not innocent blood to remain in the midst of Thy people Israel.' And the blood shall be forgiven them," verse 9, "So shalt thou put away the innocent blood from the midst of thee, when thou shalt do that which is right in the eyes of the L-rd." When they will hear the voice of the heifer while its neck is being broken, it will cause them to shudder and will arouse each and every one who knows anything about the murder, to declare same before the elders. In that way, the evil and the evil doers will be removed from the midst of Israel.

The Rabbis explain "Let the heifer which has never produced fruit be killed in a spot which has never produced fruit, to atone for the death of a man who was debarred from producing fruit."

cluding the whole settlement of KOMEMIEYUT are not taking advantage of this dispensation. It is remarkable what sacrifices people who are truly pious are willing to make for what they regard as the right thing to do. For instance, these people send to an Arab Village, many miles away, for all their vegetables. Since Arabs are not bound by the law of SHEMITA, it is permissible to use what they grow, but it costs infinitely more, to buy vegetables, than to grow them yourself. For people with very limited resources, this is a tremendous sacrifice.

As we were driving through this settlement we noticed two bearded middle-aged men who were digging away, as if their lives depended upon it, and running rivers of perspiration in the process, as it was a very hot day today. We were told that these two men had applied for admission as members of this settlement. This means receiving a one or two room house for which you pay in installments. All able-bodied ap-

plicants are tried out, to see if they will be industrious and worth-while additions to the community. These two men were digging the foundation for a new house and it looked to me as if they are going to pass.

For some reason, which I have not been able to discover, many of the houses here are not built on the ground nor on stone foundations but on poles, so that there is empty space under the house. This space was utilized, under the kindergarten building, as a playground. It is probably cooler than indoors.

All boys in Israel from 16 to 18 years of age must have 2 years of military training. This training is sometimes provided by a settlement or KIBBUTZ, so that these boys do not have to leave home. Officers come and give them military instruction, part of the day, and the rest of the day they work, thus paying for their upkeep. The name applied to the 16 to 18 year old boys in military training is NACHAL. There is a NACHAL group in this community.

A Bird's Eye View

By Aryeh Seagull

W.S.I.S. Social Director

Some people say that it takes two to start a "Shidduch" — an eligible daughter and a willing mother. We are starting a new club for 12 year old girls — so would any of the "eligible daughters" or "cooperative mothers" get in touch with me at the Synagogue.

Phi Lamda Kappa, the 15-16 year old sorority, took things "sitting down" at their skating party last Sunday. Those who can still move this Saturday night, Jan. 3, 1953, will get together at Sarah Bloch's house, 172 W. 77th St. at 8:00 P.M. for a social.

Our Friday night High School-Freshman College co-ed meeting will be held as usual at 8:30 P.M. in the Council Room.

Don't forget Arts and Crafts starts again this Wednesday. See you at the Synagogue.

WOMEN'S LEAGUE NOTES

The next meeting of the Executive Board will be held on Monday, January 5, 1953, at the home of Mrs. Saul Bergman, 40 W. 77th St.

The meeting will be preceded by a luncheon at 12:30.

MEMBERSHIP MEETING

The Annual Membership Meeting for the election of Trustees and Directors, and for the transaction of such business as may properly come before it, will be held at our building, 120-138 W. 76th Street, N.Y., N.Y., Monday evening, January 12, 1953 at 8:30 P.M.

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NEW BEGINNERS CLASSES TO BEGIN THIS WEEK FOR BOYS AND GIRLS IN OUR TALMUD TORAH

If your children were unable to register in Hebrew School at the beginning of the term, you now have the grand opportunity to enroll your daughters and sons in Beginners Classes which will open this Sunday.

Do not let this chance of a year's contact with our Jewish culture and atmosphere go by, when something could easily be done about it. Visit our School with your children this Sunday morning.

TALMUD TORAH NOTES

Our pupils have elected class officers to serve as their representatives in the School G.O. and as "gab-boim" in the Junior Congregation, which meets Saturdays at 10:45 A.M. Those elected are:

Roy Tumpowsky and Jeffrey Lindenbaum, Class of Jerusalem.

Jeffrey Rudell and Barbara Shalita, Class of Petach Tikva.

Larry Rodkin and Alan Gorme, Class of Beer Sheba.

Jeffrey Goldstone and Judy Milstein, Class of Tel Aviv.

Daniel Schuman and Malcolm Sheinker, Class of Meron.

Mireille Bueno De Mesquita and Abraham Sassoon, Class of Tiberias.

Ricky Spatz and Tanya Rosen, Class of Safed.

MEN'S CLUB NOTES

The next regular meeting of the Men's Club will be held on Monday evening, January 5, 1953, Mr. H. William Hirsch, president of the Club has announced.

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W.S.I.S. PRAYER SCHEDULE

Light Candles Friday Evening before 4:21

Weekly Portion: Vayechee

Genesis 47:28-50:26 I Kings 2:1-12

Friday Evening Service 4:25

Saturday Morning Service 9:00

Junior Congregation 10:40

Sabbath Kindergarten

for Children 4 to 6 10:30

Oneg Shabbos (Boys and Girls) 3:40

Rabbi Reichel's Talmud Class

in English 3:10

Rabbi Pekier's Talmud Class 3:10

Mincha Service 4:10

Reader of Torah: Jack Verschleiser

Reader of Service: David Beier.

The Sabbath Terminates 5:15

Daily Services:

Mornings 6:45, 7:20, 8:00, 8:30

Mincha 4:30

Condolences

Our heartfelt sympathy to Mrs. Abe M. Cleeman upon the passing of her father

ISRAEL STEIN

Our heartfelt sympathy to our member, Mr. Emanuel Fine upon the loss of his brother

JOSEPH FINE

Unveiling

Services will be held at the unveiling of the monument in memory of IDA HELEN SILVER, late wife of our Treasurer and Director, Samuel Silver, on Sunday, January 11th, at 2:00 P.M., at the Acacia Cemetery, Private Plot 136.

Getting Personal

by Sanford Solarz

We have been seeing some good operas lately at the Met, but there is one that we have not as yet seen and which we are reserving for our Congregation's gala Benefit Performance on the evening of February 22, 1953 at that world famous citadel of Grand Opera, to wit, Verdi's "Rigoletto". Hope to see you all there, including the standees . . . Our very best to Mr. Max Stavish who is now making his home in that great midwest metropolis known as Chicago . . . Glad to have back with us from Florida suntanned and smiling, Mr. and Mrs. Alexander Kirsh . . . Our heartiest Mazel Tov to our Director, Mr. David Cohen, the grandfather, and to our members, Mr. and Mrs. Abraham Strauss, the parents, upon the marriage of their son, Eugene, to Melbe Jaffe; and to Davide D. Grassetti and Mine Ester Simons, daughter of Mr. and Mrs. Adolf Simons, upon their marriage . . . The boys are continuing to score. Our very best wishes to all parties concerned upon the birth of a son, Richard Steven, to Mr. and Mrs. Nat Rosenberg and the grandparents, Dr. and Mrs. Benjamin Goldstein . . . Our prayers for a speedy recovery to our member, Mr. Louis Davis . . . The host at the Seuda Shlishis last Saturday was our Men's Club President H. William Hirsch, in memory of the yahrzeit of his mother. The host this Saturday afternoon will be Mr. Aaron Neustadter . . . Happy to see at our Sabbath services Lt. Neil Wald, who is stationed at an Air Force base deep in the heart of Texas; Lloyd Jaffe from Dayton, Ohio; and Dr. and Mrs. Kurt Schreiber from Pittsburg . . . May **Wedding Anniversary** bells continue to ring for Mr. and Mrs. Harry Cohen, Mr. and Mrs. Alexander M. Golden, Director and Mrs. Maurice Greenstein, Mr. and Mrs. Louis Landowne, Mr. and Mrs. Herbert Ratner, and Mr. and Mrs. Irving Silver . . . Many happy returns of their **birthdays** to Director Joseph Anderson, Morris Bank, Isadore Baskowitz, Jack Bendheim, Mrs. Albert H. Colin, Director Herman H. Cohen, Carol Anne Etra, Jacob Golden, Abraham Charles Kalker, Robert Linker, Naomi Ross, Maurice Spanbock and Mrs. Samuel B. Tessler.

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Thirteen Vital Rules of Health

To be 100% efficient, you must live 100% "healthwise"! The following factors are of vital importance in maintaining health and efficiency.

1. **WHOLESOME FOOD.** Plenty of fresh fruits, vegetables and bulkage in the form of bran and coarse vegetables.
2. **THROUGH CHEWING.** Chew all foods thoroughly and sip liquids, slowly.
3. **CLEAN COLON.** Frequent evacuation of the colon is essential; secure three or four movements daily.
4. **WATER DRINKING.** Drink abundantly of water between meals—two to four quarts a day. Avoid much water at meals.
5. **CARE OF TEETH.** Rinse the

mouth after each meal, and clean the teeth carefully with a brush morning and night. Eating an orange or an apple is still more efficient than a tooth brush.

6. **OUTDOOR EXERCISE.** One or two hours of vigorous exercise in the open air is essential.
7. **CORRECT POSTURE.** Sit and stand with chest well raised. In sitting, the center of the back should be well supported.
8. **DEEP BREATHING.** Breathe freely of pure fresh air.
9. **BUILD POISE.** Avoid nerve tension. Relax frequently.
10. **SUFFICIENT SLEEP.** Get eight hours of sleep on a sleeping porch or in a room with windows wide open.
11. **MORNING BATH.** Start the day with a cold water or cold air bath, followed by body rubbing and exercise.
12. **AVOID WORRY.** Cultivate an optimistic and pleasant state of mind.
13. **CULTIVATE AMIABILITY,** for anger, hatred, envy and irritability poison the blood.

Dr. John Harvey Kellogg.

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